

ALTRINCHAM & DISTRICT RAMBLING CLUB

<http://www.altrincham-ramblers.org.uk>

AUGUST CIRCULAR 2026

ADRC Leaders and Members should note the following matters:

Club Leaders. For members advice on all issues for leading walks, including; planning, briefing and post-walk, please refer to the Club's "Guidelines for Leaders of Club Walks" (Issue 1, December 2021), which can be found in the "Members Area/Documentation" section of the Club website. Walk grading can be found on the on-line walk submission form and membership card for members and via the 'Walk Category Descriptions' link at the top of the Forward Walks Programme on the website, for non-members. ADRC offer volunteer (unpaid) led walks.

Insurance. The ADRC Hazard Appraisal Form, and the completion of it by the Club Leaders for their organised walks is not a requirement of the current Club insurers. However, in line with best practice, the Club recommends that this procedure/process is undertaken.

Club Records. In line with Club policy/procedure would all leaders, on completion of their organised walk please compile a list of participants and forward this to Phil Worsley (philworsley25@gmail.com). Any walking accidents to be reported to Beverly Harrison (beverly_harrison@hotmail.com).

Please continue to check the Club website and your email inbox/spam for current information and advice.



Coach Trip News

Our last coach trip of the year couldn't be a better one; Grange-over-Sands. Grange is well known as a retirement town, but there is a lot more going on there and walking down the esplanade should not be underestimated, with the 'new' Lido at one end and the ornamental gardens at the other. At least one of the walks is visiting the famous village of Cartmel, with its 12th century Priory, racecourse AND the sticky toffee pudding shop (pic). As always, we have 3 great walks laid on, it will be a great day out - see you on the coach.

SUNDAY 2 AUGUST, Eyam, 9 Miles, Cat' 3/2, Transport 35 Miles (£8.75)

Time Walk Start Time 10:00

Leader(s) Mike Gregory, Tel: 07967 151905

Meet At Eyam free car park, which is opposite the museum on Hawkhill Road GR SK 216767. Postcode S32 5QP. Toilets available.

Details The walk begins with a steepish climb to Sir William Hill, before crossing Eyam Moor to Hazleford Hall. After crossing the River Derwent at Leadmill Bridge, we continue South following the River Derwent through Coppice Wood, Horse Hay Coppice and along Spooner Lane, to Froggatt Bridge. The return to Eyam involves a gradual climb to the New Road (closed to motor traffic) following it back to the village. Total ascent 1,000ft. Bookings: mikegregory814@btinternet.com

SUNDAY 2 AUGUST, Bollin Valley to Daisy Bank Woods, 7.5 Miles, Cat' 4/3, Transport 1 Miles (£0.25)

Time Walk Start Time 10:15

Leader(s) Jenny Rydell, Tel: 07789 191055

Meet At Bowdon Vale Coop, Postcode WA14 3BA. Or for a shorter walk (5.5 mile), meet at South Rd Bowdon, near Ashley Mill Lane North. We will be there for 10.45 to pick up the shorter walk members.

Details A lovely walk through the woody Bollin Vally to Daisy Bank Woods and back, ideal for a hot day it can be muddy in places and a lot of tree roots and awkward steps, only 1 stile, a very pretty walk, most of the walk is category 4 with a few bits of category 3. Bookings: jrydell@outlook.com

WEDNESDAY 5 AUGUST, North of Todmorden, 9.5 Miles, Cat' 3/2, Transport 35 Miles (£8.75)

Time Walk Start Time 10:15

Leader(s) Nigel Gartside, Tel: 0161 969 2407 or 07553 540282

Meet At Ashenhurst Road, next to Hare & Hounds pub off A646 Burnley Road Postcode OL14 8EA, What3Words ///diverting.deform.smoking.

Details Making extensive use of the Calderdale Way, we ascend to the trig point on Great Bride Stones for our tea break, then along Dukes Cut and South to the Todmorden Centenary Way and onto Whirlaw Common for lunch. The afternoon sees us rejoining the CW over Hudson Moor and through Knotts Wood back to cars. Bookings: nigel.gartside@uwclub.net

WEDNESDAY 5 AUGUST, Brereton/Swettenham, 6 Miles, Cat' 4/3, Transport 20 Miles (£5.00)

Time Walk Start Time 10:30

Leader(s) Sue Bracegirdle & Louise Williams, Tel: 07741 482719 or 07722 707626

Meet At Brereton Heath Nature Reserve car park (P&D, toilet facilities). GR SJ794653. Postcode CW12 4SU

Details Starting at the Nature Reserve, a pretty walk through the grounds of Davenport Hall Estate in the Dane Valley, taking in Swettenham Church. Some road walking and a few stiles. Bookings: susanbracegirdle@yahoo.co.uk



Walk of the Month – Calver & Chatsworth

A lovely walk taking in 5 delightful Derbyshire villages with tiny populations of between 145 and 1180. Starting in the picturesque village of Calver, with its 19C mill (featured as Colditz Castle in the TV classic), the walk continues along the river Derwent to Pilsley (mostly owned by the Chatsworth Estate), then on to Edensor with its mock Tutor and Swiss cottage buildings. The star of the show, however, has to be Chatsworth House, rebuilt in 1687 and apart from its 126 rooms, famous for housing Mary Queen of Scots for 15 years. It will be a fab walk, sign up with Terry.

SUNDAY 9 AUGUST, Calver & Chatsworth Park, 9.5 Miles, Cat' 3/2, Transport 36 Miles (£9.00)

Time Walk Start Time 10:00

Leader(s) Terry Clarke, Tel: 0161 980 4283, or 07742 888349

Meet At Take A623 through Stoney Middleton to traffic lights, then turn right and immediately left into Sough Lane. Park on either side of road near cricket ground. GR SK241747 Postcode S32 3XJ.

Details Leaving Calver, we follow the river then through fields to cross the A619. We then have a short steepish climb to arrive at Pilsley. From there we ascend Handley Lane, then descend into Edensor and through Chatsworth Park to Baslow. From here we make our way up Gorsebank Lane, then descend to Curbar and back to Calver. Total ascent/descent 1115ft. Bookings: clarket66@outlook.com

SUNDAY 9 AUGUST, Adlington, 6.5 Miles, Cat' 4, Transport 13 Miles (£3.25)

Time Walk Start Time 10:30

Leader(s) Heather Wykes, Tel: 01625 618782, or 07543 657837

Meet At Broughton Rd, Adlington, Postcode SK10 4ND. London Rd (B5092), turn left after Toby Grill on to Brookledge Lane, then right on to Leigh Rd, then left on to Broughton Rd.

Details Fields, Middlewood Way, canal path. Only a few stiles. Always a popular walk. Bookings: nannywykes@gmail.com

WEDNESDAY 12 AUGUST, Llanarmon-yn-Lal, 10 Miles, Cat' 3/2, Transport 46 Miles (£11.50)

Time Walk Start Time 10:00

Leader(s) Beverly Harrison & Pauline Glover, Tel: 0161 928 1093, or 07742 613309

Meet At Roadside parking in residential streets Maes Ial, or Maes Gamon. In Llanarmon-yn-Lal, drive past the front of the Raven pub and straight ahead to Maes Ial, on a small housing estate. Postcode CH7 4PZ. M56, A494, B5444, left onto B5430, then right onto B5431 to Llanarmon-yn-Lal

Details A varied, scenic walk, fields, woodland & moorland, mostly on good tracks and paths, including the Offa's Dyke path. A little road/lane walking. Up and down hills, but not serious steep climbs. Bookings: psglo2017@gmail.com

WEDNESDAY 12 AUGUST, Broadbottom, 6.5 Miles, Cat' 3, Transport 18 Miles (£4.50)

Time Walk Start Time 10:30

Leader(s) Brenda Bailey, Tel: 07549 630227

Meet At Market Street, Broadbottom, opposite the station. Postcode SK14 6AX. Lymefield Garden Centre is just down the road, with a great farm shop with cafe and toilets. Take M60 and M67/A57. At the traffic lights at the top of the hill turn right on to the B6174 Broadbottom. Carry on along this road till you come to the station. There is plenty of space for parking on the road.

Details Please note this is the walk which was due to be on 24th June and was cancelled because of the heat. This is a pleasant undulating walk with nothing too strenuous. We go through 3 lots of woods, so there is nearly always shelter from sun or rain. If there has been rain, there may be some mud. Bookings at bmarybailey1946@gmail.com

SUNDAY 16 AUGUST, Bollington – White Nancy, 8.5 Miles, Cat' 3/2, Transport 20 Miles (£5.00)

Time Walk Start Time 10:30

Leader(s) Brenda Bailey & David Bona, Tel: 07549 630227

Meet At Park cars on Smithy Lane, to the left of The Robin Hood Inn at Rainow. Nearest Postcode SK10 5UP, What3Words ///acids.stocked.cope. OS Explorer Map 268.

Details A circular Walk at a Leisurely pace > Oakenback Lane > Bollington > Up White Nancy > Saddle of Kerridge > Kerridge Hill > Kerridge End > Calrofold > past Hordern Farm > Berristal Road > past Thornsett Farm > Rainow and the parked cars. Total Ascent Approx. 1569 Feet. Excellent Panoramic Views on a clear day. Mainly Good Paths. Very Few Stiles. Bookings : bmarybailey1946@gmail.com

SUNDAY 16 AUGUST, There will be no shorter walk today

WEDNESDAY 19 AUGUST, Whitbarrow (Sth Lakes), 9.5 Miles, Cat' 3/2, Transport 80 Miles (£10.00)

Time Walk Start Time 10:00
Leader(s) David Bishop, Tel: 07796 426641
Meet At On-road parking, on minor road just off A590, near to Mill Side LA11 6SG (closest Postcode). GR SD452839, What3Words ///organisms.mended.teeth. M6 J36, A591, A590, 3m turn right for Mill Side.
Details A beautiful walk on limestone and through the woods of Whitbarrow National Nature Reserve, with a superb view from the escarpment. The route ascends steeply up the scarp face to Whitbarrow, then across the limestone plateau and through woodland. The maximum height is Lords Seat at 215m and overall, the ascent is just over 400m. There is one steep ascent and one steep descent on loose rocks, both short. Limestone is slippery when wet. Those who wish can visit the osprey viewing at Foulshaw Moss CWT, a short drive away at the end of the walk. Bookings: davidalexbishop2014@gmail.com

WEDNESDAY 19 AUGUST, Prestbury, 6.5 Miles, Cat' 4, Transport 15 Miles (£3.75)

Time Walk Start Time 10:30
Leader(s) Judy Bailey & Jenny Rydell, Tel: 07401 519951
Meet At Springfield P&D CP, Prestbury SK10 4DW, GR SJ902773. A538 via Wilmslow to Prestbury. At mini island turn left on A538, left into Bollin Grove and first right into Pearl Street following signs for CP.
Details Short walk through housing to reach the River Bollin, after passing the sewage works the path continues across fields to Willot Hall and onto Mottram Bridge. Rejoin the River Bollin to Mottram Hall and the golf course. Paths to Woodside Farm, Legh Hall, Woodend Farm to River Bollin and back to the start. This walk has stiles and can be muddy after rain. Bookings: judith.bailey5@gmail.com

Did You Know

Did you know that the blue lines on all Ordnance Survey maps are called gridlines? They are 1km wide and 1km deep and although not mathematically pure, they are diagonally 1.5km. This means you can fairly quickly estimate how long your route is - and how far to the end!

NB. This new feature is open for all members to send in short walking related contributions, that they would like to share with members. Please send them to john@capels.net

SUNDAY 23 AUGUST, Cragg Vale, 8.5 Miles, Cat' 3/2, Transport 33 Miles (£8.25)

Time Walk Start Time 10:15
Leader(s) Nigel Gartside, Tel: 0161 969 2407, or 07553 540282
Meet At Withens Clough Yorkshire Water, free car park at top of Rudd Lane. GR SD 986232, nearest Postcode HX7 5TA, What3Words ///blush.etchings.racks
Details Around the reservoir to use the Pennine Way to ascend to Stoodley Pike, then using good tracks over Erringden Moor and Bell House Moor [now duck-boarded] back to cars. Some rocky and bouldery sections on the PW over to Stoodley Pike and three ladder stiles. Bookings: nigel.gartside@uwclub.net

SUNDAY 23 AUGUST, The Upper Longdendale Valley, 6 Miles, Cat' 4/3, Transport 25 Miles (£6.25)

Time Walk Start Time 10:00
Leader(s) Phil Worsley, Tel: 07971 514369
Meet At Torside Visitor Centre P&D car park on the B6105 at GR SK 068893. Opposite the Glossop Sailing Club. Postcode SK13 1JF. Toilets available (if open). M60 anti-clockwise to J24 then M67 to end. A57 to centre of Glossop. Turn L at traffic lights on to B6105. Car park is approx' 4 miles on R.
Details The route today is generally at a lower level and will circle two of the upper reservoirs in the Longdendale Valley. The outward leg will initially travel east on the south side and then west on the north side to eventually reach the dam at the western end of Rhodeswood Reservoir. After crossing the dam to reach the south side again the return leg which will utilise a section of the Longdendale Trail to return to the transport. There is nothing too difficult on the walk, which just has some minor undulations, all of which will be taken at an easy pace. Weather permitting the route will provide excellent views of the reservoirs and the higher ground on either side of the valley. Bookings: philworsley25@gmail.com

WEDNESDAY 26 AUGUST, Manifold Valley, 11 Miles, Cat' 3/2, Transport 40 Miles (£10.00)

Time Walk Start Time 10:00
Leader(s) Steve & Pauline Glover, Tel: 0161 928 0644, or 07717 506408
Meet At In Carr Lane, Wetton Village, near The Royal Oak pub: follow signs to right to "Wetton car park" with free parking and WCs on right-hand side of road. GR SK109551 Postcode DE6 2AF.
Details A varied circular walk around the Manifold Valley, from Wetton to Weags Bridge, Throwley Hall, Rushley, Ilam Park (with toilets), Castern and back to Wetton; includes fine views, Thors Cave, a ruined hall, a National Trust hall in parkland, and a nature reserve. Bookings: psglo2017@gmail.com

WEDNESDAY 26 AUGUST, Mobberley, 6.5 Miles, Cat' 4, Transport 7 Miles (£1.75)

Time Walk Start Time 10:30
Leader(s) Les & Chris Stockton, Tel: 07815 293161
Meet At Meet at the Bird in Hand pub, Knutsford Road. Mobberley. Postcode WA16 7BW. Please park in the car park at the back of the pub.
Details This is an easy flat walk around the Mobberley and Warford area, mainly through fields and along tracks with some short sections of road walking. There are quite a few stiles, although they are all in good condition. Bookings: les200@sky.com

***FRIDAY* 28 AUGUST (Ambler Walk), Heaton Park, 2.5 Miles, Cat' 4, Transport 0 Miles (£0)**

Time Walk Start Time 10:30
Leader(s) Heather Wykes and Celia Betney, Tel: 01625 618782, or 07543 657837
Meet At Heaton park tram stop, on the Bury line. Catch the first tram after 9.30 from Altrincham. We will wait for another trams arrival before entering the park.
Details Planned route round the park, with coffee at the cafe on arrival and lunch break (bring packed lunch) enroute to memorial. Boat trips available! Bookings: nannywykes@gmail.com

SUNDAY 30 AUGUST, Edale, 9 Miles, Cat' 3/2, Transport 29 Miles (£7.25)

Time Walk Start Time 09:45
Leader(s) Phil Worsley, Tel: 07971 514369
Meet At The main pay and display car park immediately before Edale Station at GR SK124853. Postcode S33 7ZQ. £6.80 for 10 hours when last checked. Toilets available.
Details A walk of contrasts today, with the earlier section being at a lower level and travelling East just above the valley floor as far as Edale End. From here, the later section climbs via Crookstone Hill and Crookstone Out Moor, to reach Ringing Roger. From just beyond the summit, the walk then descends and returns to Edale via The Nab, and for those who wish to partake, The Rambler Inn. Weather permitting the walk will provide excellent scenery all day and particularly on the later section. Bookings: philworsley25@gmail.com

SUNDAY 30 AUGUST, Poynton, 6 Miles, Cat' 4, Transport 12 Miles (£3.00)

Time Walk Start Time 10:30
Leader(s) Beryl Hunwick, Tel: 0161 928 3644, or 07950 094203
Meet At Small car park at the end of Poynton Pool, or on Anglesey Drive SK12 1BT. A555 Airport Relief Road, turn right onto B5092, past Brookside Garden Centre and left into Anglesey Drive. Car park immediately on the right.
Details An easy walk across fields and alongside Lady Brook, then passing Bramhall High School and along quiet tracks leading back to the start. A few easy stiles, some road walking and can be muddy in places if there has been a lot of rain. Bookings: bhunwick@sky.com

Submission for Club Walks

Walk Leaders. Please check the 'Forward Walks Programme' on the Club's website <https://www.altrincham-ramblers.org.uk/forward-walks-programme-2/> and consider offering to lead a walk on a date where no leader has been identified. Involve Walk Organisers in your walk, whose details can be found on Club membership cards.

Please use the on-line 'Walk Submission Form' <https://www.altrincham-ramblers.org.uk/members-area/walks/on-line-walk-submission-form/>, for all submissions, so that they will be included in the relevant Monthly Circular.

Walking Conditions. Walkers are responsible for any personal injury and/or loss during a Club walk. Other stipulations, such as with regard to; guests, dogs on walks etc., are contained within the Club's "Guidelines for Members Taking Part in Club Walks" (Issue 5, November 2021) document, which can be found in the "Members Area/Documentation" section of the Club website. ADRC offer volunteer (unpaid) led walks.

Cancelled Walks, should a leader feel it is necessary to cancel a walk, for whatever reason, the leader should inform all participants directly of their decision, as the Club would not be in a position to do this.

Walk details & Club contributions for the September circular must be submitted by **10 August** to john@capels.net.

COACH TRIP NEWS

Grange-over-Sands, Sunday 6th September 2026. This is our last trip this year, there are some coach seats left, make sure you enjoy the beauty of Grange and the wider area. The walks on offer are:

Longer walk: John & Jill Jagger, woodland, limestone ridges, sea views & the Promenade, 8.5 miles 1300 ft.
Intermediate walk: Judith & Dave Burns, Flookburgh via Cark, Cartmel and Hampsfell, good views 7,5 miles
Shorter walk: Colin Tierman, Grange-over-Sands and Eggerslack Wood circular walk, 6 miles"

CLUB HOLIDAY NEWS

The 2027 ADRC Holiday, this will be in Criccieth, full details to follow.

OTHER CLUB NEWS

Sunday Walk Leaders, Phil and Heather need support from 'new' walk leaders for our Sunday programme. Bluntly, the pressure on the current leaders is getting to an unacceptable level and this is not a good situation for them or our club. Could new and old leaders within the club see if they can help out please, by volunteering to lead a Sunday walk in the near and hopefully longer term. Thank you.

ADRC 70th CELEBRATION NEWS

70th anniversary party in Lyme Park on Sunday September 13th. There will 3 walks, leaders; Mike and Tess, Phil and Ruth, Les and Chris. Refreshments will be around 2.15 - 2.30 approx. A presentation will follow a welcome celebratory speech. Everyone welcome walking or not. Full details in Sept circular.

A celebratory lunch at ringway golf club, on November 5th has been booked. Menus will be in September circular (2 or 3 courses £24/£27), special diets catered for. 50 places are available in the first instance. Zoe will take your choice then and money at the same time, will be by bank transfer.

Club Clothing, badged T-Shirts and other similar clothing, are now available to buy from Plan A & Petites Modes Ltd in Unit 33, The Mall, Stanley Square, Sale. Full details are on the club mass-mail email dated 29th June 2026.

ADRC, 2026. - Programme Secretary 07866 764187 - Programme Distribution 07401 519951