

ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

MAY CIRCULAR 2017

1. All walks meet at Altrincham Station car park at rear of station. When submitting a walk indicate the transport mileage from Altrincham Station to the start of the walk (one way only). The cost will be calculated automatically.
2. The decision to cancel or change a walk is taken at Altrincham.
3. Dogs (on a lead at all times) will only be taken on a walk with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to Altrincham Rambling Club.
5. It is a condition of our insurance that the names of all walk participants be recorded. The list should then be passed to the relevant walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the document 'Guidelines for Members taking part in Walks'

INFORMATION REMINDER

It is requested that members carry a note of a person to contact and relevant medical details (drug allergies, etc.) in the top of their rucksacks for use in the (hopefully) unlikely event of a serious injury while on a Club walk.

*** WEDNESDAY 26th APRIL ***

Area BLUEBELL WALK – STYAL (with thanks to Giulio Poletti and Barry Rice)
Leave 10.30 **5+ Miles** **Category** 4/3 **Transport** £1.40

Leader(s) Jean Lewis, 928 8870
Park Cars Lindow Common Car Park GR 833813.
Details Short walk to Twinnies Bridge, Quarry Bank Mill, and Styal Country Park, returning via Morley. No stiles. Hopefully we shall see the bluebells.

WEDNESDAY 3rd MAY

Area THE BAKER WAY - CHESTER TO MOULDSWORTH/DELAMERE **Leave** 8.40 **9.5/13 Miles**
Category 3/4 **Transport** £ see below

Leader(s) Beverly Harrison, 928 1093, Pauline Glover (Mob 07742613309)
Park Cars Travel is on the 8.47 am. train from Altrincham to Chester. The leaders will meet at 8.40 at Altrincham Station on the platform. The full fare is £13.50 return (£8.90 with a Railcard). We can return on the 4.10/5.10 from Mouldsworth or the 4.15/5.15 from Delamere. Alternatively drive to Delamere Station car park GR: SJ 556703 to catch the train at 9.31 to Chester or to Mouldsworth Station, GR SJ 512707 to catch the same train at 9.35. The costs will be: Delamere – transport £4.20, train £5.50 (£3.65 with Railcard); Mouldsworth – transport £5.00, train £3.50 (£2.30 with Railcard). We should arrive in Chester at 9.46.

Details A linear walk on the Baker Way, from Chester, 9.5 miles to Mouldsworth or 13 miles to Delamere. The walk is a mix of canal paths, forest tracks, quiet roads and green lanes.

Area DIDSBURY TO JACKSON'S BOAT **Leave** 9.30 **6¾ Miles** **Category** 4 **Transport** £-

Leader(s) Celia Betney, 928 2772, & Jenny Rydell, 941 6847 (Mob 077891055)
Park Cars Meet at Altrincham Train Station at 9.30. We will catch the tram to Didsbury Village via Cornbrook. We will wait at Didsbury Village tram stop until **next** tram arrives. **Remember to bring your travel passes.**

Details An easy walk along the banks of the River Mersey via Fletcher Moss Botanical Gardens to Jackson's Boat Yard from where we will return home via Sale Water Park tram stop and Cornbrook. No stiles. Could be muddy in places. An open public walk; not many spots for a comfort stop, so limit the coffee!

SUNDAY 7th MAY

Area WEST & SOUTH OF LOGGERHEADS **Leave** 8.30 **11 Miles** **Category** 3/2 **Transport** £8.00

Leader(s) Susan and Peter Darby, 980 3908 (Mob 07837345297)
Park Cars Loggerheads Country Park – Parking charge – please share with driver. Grid Ref SJ200628 Postcode CH7 5LH. M56 – A494 – Loggerheads Country Park is on the right shortly after passing through Gwernymynydd. Toilets and Café available.

Details Frith Mountain, Moel Famau, Foel Fenlli, Aberduna. A fairly strenuous, undulating walk, but with mostly steady climbs and a couple of steepish descents. Varied countryside along lanes, farmland, moors and woods. Spectacular views if a clear day.

Area **ADLINGTON** **Leave 9.45** **7¼ Miles** **Category 4** **Transport £2.40**
Leader(s) Derrick Hamer 969 3821
Park Cars Park in lay-by on A523 near Legh Arms pub, GR 912806
Details We make our way to the Macclesfield Canal via Wych Wood and Harrop Green Farm, continuing to the Adlington Basin via Jepson Clough. Field paths to Syperson Pool and Higher Doles Farm, then back to the cars via Wych Wood again.

WEDNESDAY 10th MAY

Area **COACH TRIP TO AMBLESIDE** Leaving The Downs at 8am with the usual pick-up points.
"A" walk 8.5 Miles Cat 3/2 Leaders Steve & Pauline Glover
A circular walk climbing some 2100 feet, via Brock Craggs, Low & High Pikes, towards Dove Crag and back to Ambleside via Scandale Fell.
"B" walk 7 Miles Cat 3 Leader Frank Dockry
A linear walk from Bowness Railway Station to Waterhead via Troutbeck. Further details on coach.
"C" walk 5 Miles Cat 4/3 Leader Brian Warburton
Rydal Caves and Rydal Park. Details on the coach.
Seats still available - book with Beverly Harrison (928 1093), 55 Hale Road, Hale, Altrincham, WA15 9HP with a cheque for £12 payable to ALTRINCHAM RAMBLING CLUB, remembering to state where you will join the coach.

Area **FRODSHAM** **Leave 9.15** **9 Miles** **Category 3** **Transport £4.00**
Leader(s) Alan Key, 941 4359 (Mob 07761624521)
Park Cars Castle Park Car Park, GR 513773. Travel by M56, leave at J12 and follow Frodsham signs through town centre (A56). At far end of town centre, the A56 bends left and passes under a railway bridge. The car park is on the left shortly afterwards.
Details A walk up Frodsham and Helsby Hills. A lot of woodland tracks which can be steep and muddy in places but generally easy going.

SUNDAY 14th MAY

Area **WILLIAM CLOUGH & KINDER DOWNFALL** **Leave 8.30** **12 Miles** **Category 2/3** **Transport £4.20**
Leader(s) Phil Worsley, 777 6013 (Mob 07971514369)
Park Cars The Sett Valley Trail pay and display car park in Hayfield, just off the A624 at GR SK036869. Please share the cost with your driver.
Details This walk on the high ground to the north and east of Hayfield will visit The Snake Path, William Clough, Kinder Downfall, Kinder Low, Swine's Back, South Head and Stones House. Three climbs and some rough underfoot conditions – but you will be rewarded with some excellent Dark Peak scenery.

Area **HOLCOMBE MOOR** **Leave 9.00** **9 Miles** **Category 3/2** **Transport £4.80**
Leader(s) Colin Turner, 973 7770 (Mob 07495829417)
Park Cars Nuttall Park, Ramsbottom, GR 796164. M66 to J1, signed Ramsbottom. At T-junction, right onto A56. In approx 1mile, at lights, left into Bury New Rd. In 1/4 mile, at metal barrier, left into Nuttall Hall Rd (a severely potholed lane). Nuttall Park is 1/4 mile on right. Free Parking.
Details We descend into Ramsbottom, then follow field paths beside the River Irwell to Stubbins and beyond. We then loop round the top end of Holcombe Moor before turning South to visit Pilgrims Cross, Harcles Hill and Peel Tower. Passing through Holcombe Brook, Higher Summerseat and Brooksbottoms, we follow the line of the railway back to the cars.

Area **MARPLE** **Leave 9.30** **6¼ Miles** **Category 4/3** **Transport £3.00**
Leader(s) Heather Wykes, 01625618782
Park Cars Brabyns Park car park, GR SJ963894. A626, past Marple Station, take left into car park by white house near bottom of hill.
Details By canal locks to Marple golf course, then follow Middlewood Way to Chadkirk & Hyde Bank Farm, returning by the canal.

WEDNESDAY 17th MAY

Area **GRAIGFECHAN, DENBIGHSHIRE** **Leave 9.30** **9 Miles** **Category 3** **Transport £8.00**
Leader(s) Pauline Glover, 9280644, & Beverly Harrison, 928 1093 (Mob 07742613309)
Park Cars "Three Pigeons" pub car park, Graigfechan, GR SJ147545, Postcode LL15 2EU. Please park at the far end. The pub opens at 17.00 and serves teas and excellent meals as well as drinks. M56, A494 towards Mold & Ruthin. After driving through Llanbedr, turn left on B5429 signed to Graigfechan and Pentrecelyn. The pub is on the right in Graigfechan.
Details A lovely walk with "ups and downs" but no serious climbs. Includes a butterfly conservation area, nature reserves and a limestone pavement. Wonderful views.

Area **LINDOW COMMON, MORLEY & STYAL** **Leave 9.45** **6 Miles** **Category 4** **Transport £1.40**
Leader(s) Keith Wykes, 01625 618164, and Jean Hibbert
Park Cars Lindow Common Car Park, Racecourse Road, Wilmslow, Postcode: SK9 5LW, GR SJ834814 (adjacent to Boddington Arms); if full a 2nd car park may be found further along Racecourse Road. A538, Altrincham to Wilmslow road, after the Airport Runway Tunnels and Waters building, turn right at Boddington Arms into Racecourse Road. Car park is immediately on left
Details The walk will start with a **re-dedication of the signpost plaque to Elaine Hall**, sponsored by her family, at approx.. 10.15. Elaine was a Wilmslow lass and this area was well known to her – indeed she led many Club walks over Lindow Common/Moss. The signpost is close to the car park at the NW corner of the Common (GR SJ833813) and for the non/less ambulant and wheelchair users the signpost (and the Re-Dedication Ceremony) can easily be viewed from a tarmacked footpath (at that point, however, there is a wheelchair-inaccessible kissing gate). Then this attractive walk is through woods, traverses the heathland and scrub of the Common before passing Lindow Moss (an ancient peat bog where in 1983 the prehistoric remains of Lindow Pete were found); we continue via Morley Green (early lunch?) to Quarry Bank Mill and Styal (R.Bollin in this area) before returning to the cars. **Note:** this walk is a repeat of the Sunday 16th April (Easter Sunday) walk.

SUNDAY 21st MAY

Area **COACH TRIP TO BURNSALL** Leaving The Downs at 8am with the usual pick-up points.
“A” walk 10 Miles Cat 3/2 Leaders John & Monica Beardmore
Burnsall / Barden Moor Circular – a moorland walk starting with a strenuous climb to a gently undulating circular track to Cracoe Obelisk and Barden Reservoir with fine views, finishing with a rough cross-country descent.
“B” walk <8 Miles Cat 3 Leaders Keith Wykes & Jean Hibbert
From the C.P. at Burnsall we amble along a lovely green sward of land flanking the R. Wharfe to Woodhouse Farm; thence uphill via Kail Lane (track) to Hell Hole Cave (highest point on walk at 300 metres) then downhill via Trollers Gill & Parcevall Hall to Skyreholme. followed by a short, steep bit of road walking before returning to Burnsall via Appletreewick, Caravan site, R. Wharfe and Woodhouse Farm again.
“C” walk 5½ Miles Cat 4/3 Leaders Dean & Elsie Edwards
From Burnsall, we make our way to Thorpe, then by lanes and field paths to Linton, returning following the River Wharfe.

Seats still available - book with Beverly Harrison (928 1093), 55 Hale Road, Hale, Altrincham, WA15 9HP with a cheque for £12 payable to ALTRINCHAM RAMBLING CLUB, remembering to state where you will join the coach.

Area **MONSAL HEAD TO SHELDON & BACK** **Leave 8.30** **10 Miles** **Category 3/2** **Transport £7.40**
Leader(s) Judith Rees, 980 5034 (Mob 07923130630)
Park Cars Pay and Display Car Park at Monsal Head, GR 185715. There is free road parking nearby.
Details A walk to view the wild flowers of the White Peak in springtime, especially Monsal Dale and Deep Dale. The walk goes from Monsal Head into the Dale, through Deep Dale to Magpie Mine and Sheldon Village. We return via Ashford to the Monsal Trail and Monsal Head.

WEDNESDAY 24th MAY

Area **NORTH OF LLANGOLLEN** **Leave 9.15** **9 Miles** **Category 3/2** **Transport £8.00**
Leader(s) Nigel Gartside, 969 2407 (Mob 07553540282)
Park Cars In front of, or in lane behind Ponderosa Café on top of the A542 Horseshoe Pass North of Llangollen, G.R. SJ192481. No charge, toilets in café.
Details From café over moorland to Dergoed via Foel plantation and down to Eglwyseg hamlet to take the Offa's Dyke path with an 800 foot steepish ascent back to cars via Bluebell Dell and Worlds End Organic farm.

Area **PRESTWICH / RADCLIFFE** **Leave 9.30** **6 Miles** **Category 4** **Transport £-**
Leader(s) Angela & Norman Simcock 962 1627
Park Cars Leave Altrincham Metro Station 9.30 Bury tram and alight at Prestwich – where walk will commence at 10.45 a.m. **DON'T FORGET YOUR PASSES!!**
Details Prestwich to Radcliffe – an easy walk through Prestwich Forest Park, along Irwell Sculpture Trail and Bury - Bolton Canal to Radcliffe.

SUNDAY 28th MAY

Area **LANGSETT** **Leave 8.30** **11 Miles** **Category 3/2** **Transport £6.60**
Leader(s) Alan Key, 941 4359 (Mob 07761624521)

Park Cars Car park at Langsett on A616, GR SE211003, Postcode S36 9FD. Take M67 then A628 (Woodhead Road) to the Flouch Roundabout then turn right onto the A616. The Car park is on the right after about a mile.

Details A walk along the Reservoir, Hordron Road, then along access land tracks to the Derwent Skyline Track, Margary Hill and return via the Cut Gate. Parts can be muddy in places.

WEDNESDAY 31st MAY

Area BAGILT AND HOLYWELL **Leave 9.15** **9 Miles** **Category 3** **Transport £8.00**

Leader(s) Alan Key, 941 4359 (Mob 07761624521)

Park Cars Car park in Bagilt on High Street next to Station Road, Postcode CH6 6ED, GR SJ219753. Take M56, then take signs to Flint and get on the coast road, A548. Continue through Flint for a little over a mile till you get to left turn sign for Bagilt. Follow parallel to the main road and the car park is on the right.

Details Coast Path to Greenfield Dock, then follow Wat's Dyke Way past Basingwerk Abbey, up the Greenfield Valley Heritage Trail, St Winifred's Well and Hollywell Town Centre before climbing up for views across the Dee estuary. Then loop back to Bagilt.

Area RIVER WEAVER **Leave 9.30** **7 Miles** **Category 3** **Transport £4.00**

Leader(s) Bruce & Audrey Merrick, 312 6227 (Mob 07810233104)

Park Cars Take M56 towards Chester and exit at J10 and follow the A49 to Acton Bridge (which as at March 2017 was WHITE). Parking is in the left-hand lane BEFORE Acton Bridge. GR 601761, Postcode CW8 4QU.

Details Last time we did this walk there were no stiles!! We follow the River Weaver, then underneath the railway viaduct. We then leave the Weaver and return via Aston Grange, Dutton Lodge Farm and the Trent & Mersey Canal. At the finish of the walk there is the Davenports Farm Shop and Cafe for tea aficionados.

LEADERS WANTED

Sundays: June 4th, "C", 18th, "B" & "C", 25th, "B" & "C". All offers of walks for **these dates and beyond** - please contact Phil Worsley, Tel 777 6013. Would all Sunday Leaders please forward names of all Members and Guests on Club walks direct to Phil.

Wednesdays: Several dates in June and beyond. Contact Alan Key, 941 4359 for 'A' walks or David White, 980 8605, for 'B' and 'C' walks.

FUTURE EVENTS

SUNDAY 11TH JUNE - COACH TRIP TO GRASMERE

Leaders:- Phil Worsley, Heather Wykes, Brian Warburton

WEDNESDAY 21ST JUNE - COACH TRIP TO HORTON-IN-RIBBLESDALE

Leaders:- Ian Stenhouse, Elsie Edwards, Keith Wykes and Jean Hibbert

For bookings for these trips contact Beryl Hunwick (928 3644), 43 Broomfield Lane, Hale, Altrincham, WA15 9AS with a cheque for £12 (per trip) payable to ALTRINCHAM RAMBLING CLUB. Please remember to state which trip and where you will join the coach. If booking for both trips please send a separate cheque for each.

*Will all leaders please let Ian Stenhouse have details of your walks by May 11th.

NEWS OF MEMBERS

Alan Gerrard would like to thank everybody for the cards and good wishes sent to him following his recent injury to his hand. Things are progressing well and he hopes to be back walking soon.

Margaret Ledger's family wish to thank members for their support of Margaret during her final illness and for their sympathy and condolences following her death and to say how proud she was of her involvement with the club.

Pam Baxendall sustained a broken hip after falling on the walk at Newchurch Common on March 29th. Following excellent work at the scene by the paramedics, Pam was operated on in Leighton Hospital in Crewe and is currently recovering well in Ward 15 at that Hospital but hopes to be back in Sale before long. We wish Pam a rapid and successful recovery.

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