

# ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

## JUNE CIRCULAR 2015

1. All walks meet at Altrincham Station car park at rear of station. When submitting a walk indicate the transport mileage from Altrincham Station to the start of the walk (one way only). The cost will be calculated automatically.
2. The decision to cancel or change a walk is taken at Altrincham.
3. Dogs (on a lead at all times) will only be taken on a walk with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to Altrincham Rambling Club.
5. It is a condition of our insurance that the names of all walk participants be recorded. The list should then be passed to the relevant walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the document 'Guidelines for Members taking part in Walks'

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### INFORMATION

Following recent recommendations, it is requested that members carry a note of next-of-kin and relevant medical details (drug allergies, etc) in the top of their rucksacks for use in the (hopefully) unlikely event of a serious injury while on a Club walk.

### MEMBERSHIP SECRETARY

Rose Monteath has indicated her intention not to continue as Membership Secretary after the next AGM. If anyone is interested in filling this post, would they please contact Judith Wainwright (928 8453).

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### WEDNESDAY 3<sup>rd</sup> JUNE

**Area** MILLERSDALE & MONSALDALE **Leave 9.15** **7.5 Miles** **Category 3/2** **Transport £6.80**  
**Leader(s)** Colin and Hazel Baldwin 980 5409 (Mob 07733270371)  
**Park Cars** Millersdale Station Car Park (P&D £4.50). GR 139733. Take A6 east from Buxton for about 4½ miles. At B6049 turn left (SP Millersdale). After 1.4 miles, at bottom of hill turn left over river, and car park is up the hill about 200 yards on the left.  
**Details** Follow the Monsal Trail for 3 miles (old railway track) to Monsal Viaduct passing through 2 railway tunnels (illuminated). Steep climb up a very rocky track for just under ½ mile with views into upper and lower Monsal Dale, (taken VERY slowly). Then by Brushfield, High Dale and Priestcliffe. A very steep descent (handrail) back to the railway track and the cars. Marvellous views, but there a number of awkward stone stiles.

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### SUNDAY 7<sup>th</sup> JUNE

**Area** **COACH TRIP TO CONISTON** Leaving The Downs at 8am with the usual pick-up points.  
"A" walk 9.5 Miles Cat 2/3 Leaders Chris and Margaret Sadler  
Coniston Old Man following the Cumbria Way and then from Torver climbing past Goat's Water to the summit. The descent is into the Coppermines Vally.  
"B" walk 8.5 Miles Cat 3 Leaders John Drinkwater & Judy Bailey  
A circular walk starting at Shepherd Bridge on the Cumbria Way to Yewdale then upto Hodge Close passing the fearsome water filled Cathedral Quarry, High Oxen Fell, Tarn Hows, Guards Wood and back to Coniston. A walk mainly on field paths, bridleways and quiet lanes.  
"C" walk 5.5 Miles Cat 3 Leader Keith Wykes  
Shepherd Bridge; Cumbria Way; Low & High Yewdale Farms; Yew Tree Farm (where some scenes from "Miss Potter" were filmed and where there is a possibility of purchasing Herdwick Sheep mutton (& carrying it!)); short section of steep gullied rocky outcrops by the spectacular Tom Falls to Tarn Hows; Boon Crag Farm; Guards Wood & High Guards to Coniston.

There will be a 15 minute comfort stop at the motorway services.

Still a few seats left. Book with Beverley Harrison (928 1093), 55 Hale Rd, Hale, Altrincham, WA15 9HP with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB.

**Area** **SHELDON, OVER HADDON & MONYASH** **Leave 8.30** **11 Miles** **Category 3/2** **Transport £6.60**  
**Leader(s)** Judith Rees 980 5034 (Mob 07923130630)  
**Park Cars** Layby at the side of Flagg Lane, near Sheldon. GR SK157684  
**Details** An undulating walk, mainly on the limestone plateau, above Lathkill Dale. The walk goes near the villages of Sheldon, Over Haddon, crossing Lathkill Dale and then following the Limestone Way to Monyash and back to the cars.

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## WEDNESDAY 10<sup>th</sup> JUNE

**Area** NORTH OF STANDING STONE **Leave 9.00** **10.5 Miles** **Category 3/2** **Transport £5.00**  
**Leader(s)** Phil Worsley 777 6013 (Mob 07971514369)  
**Park Cars** Standing Stone car park – which is above Trentabank – on Charity Lane at GR SJ977714. The nearest post code is SK11 0BE (use only as a guide).  
**Details** This anti-clockwise undulating circuit to the north of Standing Stone will initially travel via Clough Brook and Chest Hollow to reach the A537. Continuing via Stake Farm the route will visit Shining Tor before descending to Lamaload Reservoir from where it continues west to Snipe House and Berristal Road. Turning south and then south east the circuit is completed via Gulshaw Hollow, Walker Barn, Ashtreetop, and Macclesfield Forest.

**Area** LUD'S CHURCH **9.15 Leave** **7 Miles** **Category 3/2** **Transport £4.80**  
**Leader(s)** Keith Leslie 976 3230  
**Park Cars** Just past the Ship Inn, Wincle, close to the bridge. GR SJ965 651 Sat Nav SK11 0QE. From the Silk Road (A523) and about 3/4 mile South of the Rly Station turn left at traffic lights s,p, Langley, Sutton & Wincle. Stay on this road through Sutton to join the A54. Keep ahead here and take minor road on right s.p, Ship Inn, Wincle  
**Details** From Dane Bridge our route is past Hanging Stone Farm to Roach End then the higher track to above Lud's Church. After walking down through the 'church' (a gorge) we descend to the River Dane and follow the river back to our cars. There is an optional route around the side of the 'church' for those who wish.

**Area** ASTBURY **9.30 Leave** **6 Miles** **Category 4** **Transport £3.80**  
**Leader(s)** Brian Warburton 928 7087  
**Park Cars** Astbury Country Park, GR SJ846627. Suggested route via Wilmslow towards Alderley Edge, then take A34 through Monks Heath and continue through Marton, Lower Heath and the outskirts of Congleton, passing Tesco on the right, after traffic lights. Continue up hill to roundabout where A34 bears right and then left to become Newcastle Road. Shortly (on left) is a brown sign to Astbury Country Park, where a small estate leads into the car park (free).  
**Details** We walk halfway round the Mere (to the Sailing Club). Then a series of paths takes us to the Macclesfield Canal (part of the Cheshire Ring) which we follow for approx. one mile, before returning to Astbury Mere via Astbury Village, with its impressive church and quaint cottages.

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## SUNDAY 14<sup>th</sup> JUNE

**Area** WEST OF RUABON MOUNTAIN **Leave 8.30** **11 Miles** **Category 3/2** **Transport £8.00**  
**Leader(s)** Jerry and Bernie Warner 962 5709 (Mob 07740996290)  
**Park Cars** Trevor Basin, Pontcysyllte Aqueduct car park. GR 272423. Free parking with toilets. (Over flow car/coach car park on opposite side of canal.) Take the A483 south from Chester. Exit at junction 1 onto A539. Follow the road for about 2 miles to the village of Trevor. Turn left at white and brown signpost for the Pontcysyllte Aqueduct. Follow the road down the hill turning left over a humpback bridge. Turn immediately right into car park.  
**Details** Following sections of the Clwydian Way round Castle Dinas Bran, up the Eglwyseg Valley to Plas Yn Eglwyseg. Returning along the Offa's Dyke footpath across limestone scree slopes and the Panorama Walk overlooking Llangollen. A walk of contrasts with wonderful views weather permitting.

**Area** LATHKILL DALE **9.00 Leave** **8.5 Miles** **Category 3/2** **Transport £8.00**  
**Leader(s)** John and Monica Beardmore 904 7448 (Mob 07990079292)  
**Park Cars** Free CP 300m on Moor Lane GR SK194645. No toilets. From Buxton take A515. After 10miles, past B5055 to Moneyash, take next left at Parsley Hay, then immediate right onto Long Rake Lane. Follow for 2.5miles where lane bends right continue straight onto Back lane, after 0.5miles at Y jct go right onto Moor Lane.  
**Details** Fields and lanes with a pleasant walk along river. From fields, cross Cronksbury Bridge and climb lane to Over Haddon, (toilets and break) then descend to river, follow to Cales Dale, over river and up steps, over meadows back to cars.

**Area** GAWSWORTH **Leave 9.45** **6 Miles** **Category 4** **Transport £4.00**  
**Leader(s)** Heather Wykes 01625 618782  
**Park Cars** On the road near the Harrington Arms Inn, past Gawsworth Hall and Church GR. SJ 886692, where leader will meet.  
**Details** An easy walk, Gawsworth via Mount Farm, Brereton Farm and Cowbrook Farm, along the Macclesfield Canal to North Rode, then back to Gawsworth. Several stiles.

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## WEDNESDAY 17<sup>th</sup> JUNE

- Area** **COACH TRIP TO PATELEY BRIDGE** Leaving The Downs at 8am with the usual pick-up points.
- "A" walk 10 Miles Cat 3/2 Leaders John Drinkwater & Judy Bailey  
A circular route starting with the Panorama Walk to the Nidderdale Way, Blazefield, White Houses, Brimham Rocks, Smelthouses, Harewell Hall, Abraham Craggs, Yorke's Folly, Bewerley and back to Pateley Bridge.
- "B" walk 7 Miles Cat 3 Leader Keith Leslie  
Leaving the coach just past the Half Moon Inn on the B6265, a short walk takes us to Brimham Rocks. After time to marvel at the rocks we follow the Nidderdale Way to Guisecliff Tarn through woodland and over pastures, then on to Pateley Bridge.
- "C" walk 6 Miles Cat 4/3 Leaders Edna Adderley & Beryl Hunwick  
Further details on the coach.
- There will be a coffee/comfort stop at The Old Stone Trough, Foulbridge.  
Still a few seats left. Book with Janet Blinkhorn (941 1634), 2 Hawthorn Cottages, Hawthorn Rd, Hale, Altrincham, WA15 9RQ with a cheque for £10, payable to ALTRINCHAM RAMBLING CLUB.
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## SUNDAY 21<sup>st</sup> JUNE

- Area** **HEN CLOUD & THE ROACHES** **Leave 8.30** **11.5 Miles** **Category 3/2** **Transport £6.40**
- Leader(s)** Phil Worsley 777 6013 (Mob 07971514369)
- Park Cars** The Pay and Display car park (cost to be shared) at Tittesworth Reservoir, off the A53 Buxton Road at GR SJ 993602 Please park adjacent to the toilets.
- Details** From Tittesworth Reservoir this anti-clockwise circuit will initially travel generally north via Benthead and Windygates before climbing to cross Hen Cloud and The Roaches. Descending now to Bearstone Rock and Lud's Church the route then continues to Hanging Stone before turning to travel above High Forest. The circuit is completed by way of Clough Head, Roche Grange, Newsett Farm, Rose Cottage and Meerbrook.
- Area** **MEERBROOK – LEEK** **Leave 9.00** **9 Miles** **Category 3/2** **Transport £6.40**
- Leader(s)** Harry Hewlett 962 4869 (Mob 07950689777)
- Park Cars** Tittesworth Reservoir Pay and Display car park (cost to be shared). GR SJ 993602. Off the A53.
- Details** Reservoir paths, Stafford Moorland Walks (Troutsdale Farm, Ball Haye Green, North Hillwood, Bridge End), Hedgefield Farm, Poolend, Upper Foker, Park House, Meerbrook
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## WEDNESDAY 24<sup>th</sup> JUNE

- Area** **MACCLESFIELD** **Leave 9.30** **8.6 Miles** **Category 3/2** **Transport £5.40**
- Leader(s)** David Bona and Brenda Bailey 900 9177 (Mob 07933221332)
- Park Cars** A537 Buxton Road out of Macclesfield. Park opposite Cat and Fiddle where leaders will meet. GR SK001718. Post Code SK11 0BE
- Details** Cross A537 and walk towards Deep Clough. Climb steadily up to Axe Edge Moor and then on to Reeve-edge Quarries. Cross A54 and take path back up to Cat and Fiddle
- Area** **LOWER WITHINGTON, CHESHIRE** **Leave 9.15** **6 Miles** **Category 4** **Transport £3.20**
- Leader(s)** Colin and Joan Jeffrey 962 5651 (Mob 07972857468)
- Park Cars** Red Lion Car Park, Dicklow Cob, Lower Withington GR SJ 813695, off Salters Lane, B5392.
- Details** Circular flat walk through field footpaths and tracks and a little road walking on very quiet lanes via Smiths Green, passing sand quarry, Privet Wood, Colt Hovel Wood, The Mosses, Whisterfield, Haropgreen, Shellmorehill Farm and back to the Red Lion. Ten easy stiles.
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## SUNDAY 28<sup>th</sup> JUNE

- Area** **FOREST OF BOWLAND** **Leave 8.30** **12 Miles** **Category 3/2** **Transport £8.00**
- Leader(s)** Rose Monteath 286 2719
- Park Cars** M61, M6 J32, M55 J1 A6 towards Garstang. Turn right towards Oakenclough just before the Shell garage. Follow signs to Chipping until eventually turn left into Delph Lane signed Oakenclough. Park in a small parking area on the left, GR SD545455, or alternatively on the roadside. Leader will meet here
- Details** From the cars we walk to Fiensdale Head via Hazelhurst Fell. Then on to Fair Snape Fell and round the shoulder of Parlick before returning to the cars via Brook's Barn. The stretch between Fiensdale Head & Fair Snape Fell is peaty & therefore boggy. That apart the paths are well defined. If the weather is kind, the views from the tops are stunning

**Area** CHESTER **Leave 9.30** **7¼ Miles** **Category 4** **Transport £5.80**  
**Leader(s)** Brian Warburton 928 7087  
**Park Cars** Christleton Village, GR 443659. Take 2<sup>nd</sup> Christleton sign off A51 at Vicars Cross (travelling via A556, A54 and A51) Just after village pond (on left), turn left. Car park approx. 150 yds further on.  
**Details** Leaving picturesque Christleton, we follow field paths and roads through Huntington. A short ferry crossing (£1.00 pp) takes us to Marches Way and we walk into Chester along the bank of the River Dee for lunch (ice creams, toilets, etc.). After walking the City Walls, we return to the cars via the Shropshire Union Canal and a short pub stop.

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### LEADERS WANTED

**Sundays:** July 5th, "B" and "C", 19th, "B" and "C", 26th, "B" and "C". All offers of walk - please contact Phil Worsley, Tel 777 6013. Would all Sunday Leaders please forward names of all Members and Guests on Club walks direct to Phil.

**Wednesdays:** Several dates in July and beyond. Contact Alan Key, 941 4359 for 'A' walks or David White, 980 8605, for 'B' and 'C' walks.

### FUTURE EVENTS

#### FRIDAY 26<sup>th</sup> JUNE

60th Anniversary discussion meeting to be held at the Hare and Hounds, Timperley. Everyone is welcome to enjoy a carvery at 12.30 prior to discussing how we could celebrate this momentous occasion in September 2016. The meeting will begin around 1.30. If you are unable to attend, your ideas can be given to Heather Wykes (01625 618782) or John Drinkwater (969 1557).

#### WEDNESDAY 15<sup>TH</sup> JULY - COACH TRIP TO SEDBERGH

Leaders:- A walk – Brian Billington  
B walk – Frank Dockry  
C walk – David & Liz White

Book with Janet Blinkhorn (941 1634), 2 Hawthorn Cottages, Hawthorn Rd, Hale, Altrincham, WA15 9RQ with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB. Remember to state where you will be joining the coach.

\* Will all coach leaders please let Ian Stenhouse have details of your walks by June 11th.

#### SUNDAY 26<sup>th</sup> JULY – SOCIAL COACH TRIP TO YORK

Coach will leave The Downs at 8.30 with the usual pick-up places.

Book with Joan Jeffries (962 5651), 16 South Meade, Timperley, WA15 6QL, with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB. Remember to state where you will be joining the coach.

#### SATURDAY 19<sup>TH</sup> SEPTEMBER

Manchester Clock Tower Tour, at 10.45 am. Cost £10, Book now with Heather 01625 618782. Please note loads of steps!!

#### THE 2016 CLUB TOUR

This will be to The Isle of Wight, staying at The Bayshore Hotel, Sandown, from 4<sup>th</sup> April to 8<sup>th</sup> April 2016, arranged through Alfa Tours. The booking form and costs will be published, together with the application form, in the July Circular and available on the Club Website from that date.

Dean would also like to take this opportunity to thank John and Phil for their help and hard work before and during the trip to Criccieth, which contributed so much to the success of the stay.

### NEWS OF MEMBERS

Mary Gerrard wishes to thank everyone for all the "Get Well" cards and Good Wishes received following her recent hip operation. We wish Mary a speedy recovery and send our congratulations to her and Alan on their Golden Wedding Anniversary.

Thelma Collins sends her thanks for Best Wishes and Get Well cards during her recent illness.

We send best wishes for speedy recoveries to Pauline Smith and Joan Holmes following recent hospital stays.

We welcome John Jagger, Aileen Thom, Neil Pritchett, Sheila Parker, Terry Jordan-Killoran, Mark Medwecki and Jill Weir as recent new members.

Alan Key is making steady progress following his recent operation. He is now able to walk up to a couple of miles in his orthopaedic 'boot'. We wish him a successful recovery and send congratulations on his recent 60<sup>th</sup> Birthday.

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