

ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

AUGUST CIRCULAR 2014

1. All rambles meet at the far end of Altrincham Station car park at rear of station . When submitting a walk indicate the mileage from Altrincham Station to the start of the walk (one way only). The cost will be calculated automatically.
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Names of walkers including guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the 'Guidelines for Members taking part in Walks'

NOTICES

For personal reasons and with immediate effect Alison Wilkes has stood down from the position of securing walks and leaders for Sunday B walks up to 8 miles and Sunday C walks. A volunteer is required to fill this role but please note that this is now for C walks only. If you are interested in this position or require further information please contact Phil Worsley. Until further notice all offers of Sunday Walks, A, B and C should be made to Phil by telephone or e-mail. Contact details are on your membership card.

WEDNESDAY 23RD JULY - COACH TRIP TO RUTHIN - Seats still available. Contact Janet 941 1634.

TUES. 5TH AUGUST 2 pm STOCKPORT TOWN HALL. £4.50 incl. refreshments. Book with Heather 0162561878

THE NEW WEBSITE IS NOW LIVE. To access the Members Area there will only be one set of credentials.

User Name: useradrc
Password: mem1415

Please note this information is for your own personal use and must not be given to non-members.

See July Circular

SUNDAY 3RD AUGUST - COACH TRIP TO HAWES

The coach will leave The Downs, Altrincham at 8.00 am with the usual picking up places.

'A' walk - 11 miles Cat.3/2 Leader: Phil Worsley.
Great Shunner Fell. Full details on the coach.

'B' walk - 8 miles Cat.3 Leaders: Mike Jones and Janet Blinkhorn.
Via Gayle and Wether Fell to Green Scar and Hawes End. Returning through Buttersett.

'C' walk 6.5 miles Cat.4/3 Leaders: Edna Adderley and Beryl Hunwick
(Opportunity to cut the walk short if weather is bad or anyone does not want to do the last mile or so).
Mainly good paths, a bit uneven near Aysgill Force, and inclined to be muddy. There may be some boggy patches towards the end of the walk. Mainly walking through fields and meadows, gently undulating terrain, good views all round, a few ladder stiles but generally slit stiles of varying widths. This is a very pleasant walk and we should be back in good time to enjoy the many cafes in Hawes.

For seats available contact Edna Adderley 980 7753

SUNDAY 3RD AUGUST - SHUTLINGSLOE AND HAMMERTON KNOWL

Leave 0830 12 miles Cat.2/3 Transport £3.60
Leaders Chris and Margaret Sadler 980 5007 Mob No: 07740 777184
Park Cars: Tegg's Nose Country Park P&D car park. White Peak Explorer Map OL24. Grid SJ950732

We drop down Saddler's Way and then climb through Macclesfield Forest and on over Shutlingsloe. We continue south dropping to Wildboardclough before turning east to Hammerton Knowl and climbing to Cessbank Common. We then turn north and pick up the Gritstone Trail and follow this back to the cars. Four significant climbs today: Macclesfield Forest, Shutlingsloe, Cessbank Common, and finally a hard pull back up to Tegg's Nose.

WEDNESDAY 6TH AUGUST - VALE OF LLANGOLLEN

Leave 0915 9 miles Cat.3/2 Transport £8.00
Leader Alan Key 0161 941 4359 Mob No: 0776 162 4521
Park Cars: Car park at the North end of the Famous high canal Aqueduct PontCysyllte SJ272423.
Take Ruabon exit off the A483 onto A539 towards Llangollen, follow this for 2.5 miles before turning left into Station road(B5434) at Trevor. The car park is second left by the 'Telford' Pub. Follow brown signs labelled 'Aqueduct'; or LL20 7TP
(for walk details please see over page)

A circuit of the Vale of Llangollen. Offa's Dyke path, Dinas Bran, Llangollen, Pen-y-coed, Llwybr Ceiriog trail, Pen-y-Graig and finally the aqueduct. Some long steady climbs but generally good paths.

- **APPLETON THORN**

Leave 9.45 6 miles Cat.4. Transport £2.80

Leaders: Jeanne Gregory 980 8439 mob. 07962141613 & Lesley Short 980 1041

Park cars: A50 towards Warrington. first left after Bears Paw – Swineyard Lane. After 3 miles turn left B5356 SP Stretton Appleton Thorn. Turn right between church and Thorn Inn – Lum Brook Road, car park – playing fields on right after houses.

From Appleton Thorn over fields then follow stream (Lum Brook). Through woods to Grappenhall (lunch), then back to Appleton Thorn by canal and fields

SUNDAY 10TH AUGUST - HORTON-IN RIBBLESDALE TO SETTLE VIA PEN-Y-GHENT

Leave 0800 12 miles Cat.2/3 Transport £8.00

Leader Mike Gregory 01625 614211 Mobile No.: 07967 151905

Park cars: Settle railway station GR SD817634 (P&D charge £2). We will travel on the 10:10 train to Horton in Ribblesdale, single full fare £3.50, discount available to rail card holders. Return to cars: 16:30

From Horton in Ribblesdale we will follow the Pennine Way climbing gradually to the summit of Pen-y-ghent (2277ft). A steep and rocky descent takes us to Churn Mill Hole then across the flat but boggy Mean Moss to join the Ribble Way and a gradual descent into Stainforth. The afternoon begins with a long steady climb to Cattrigg Force followed by several undulations passing limestone caves before descending into Settle.

- **BROADHEATH / DUNHAM MASSEY**

Leave 0945 6.5 miles Cat.4 Transport 40p.

Leader Elaine Hall 962 5422 Mob No: 07790063485

Park Cars: Road side at Timperley Metro Station where leader will meet - leave 10.00

Walk by Baguley Brook to Woodheys Park, follow Sinderland Brook to disused railway from here we follow field footpaths and tracks to Bridgewater Canal back to cars.

WEDNESDAY 13TH AUGUST - ANGLEZARKE AND THE GREAT HILL

Leave 0915 8.5 miles Cat.3/2 Transport £6.40

Leaders Beverly Harrison, Pauline Glover 928 1093, mob.0774 261 3309

Park Cars: GR: 62192 16285 Anglezarke Reservoir car park (a charge if machines operating!)

From the reservoir to White Coppice. Up the Great Hill, Along Spittler's Edge (often Marshy) and down via Leadmine's Clough.

- **AROUND LANTERN PIKE**

Leave 0930 7 miles Cat.3 Transport £4.00

Leader Keith Leslie 976 3230

Park Cars: Hayfield Sett Valley car park - P&D (toilets) Grid Ref SK035 869. Follow A6 through Disley turning left at traffic lights in Newtown for Hayfield. The car park is well signed on the left just before the 'T' junction is reached.

A very varied walk on good wide pathways, over grass field tracks and through woodland. Our route is the Sett Valley trail, Aspenshaw Hall, Matleymoore Farm and Hey Wood

SUNDAY 17TH AUGUST - EDALE

Leave 0830 11 miles Cat.2/3 Transport £5.80

Leader Phil Worsley 777 6013 Mob No: 07971 514369

Park Cars: The Pay and Display car park in Edale at SK 124853. Cost to be shared.

From Edale we will walk under Broadlee-Bank Tor before entering the confines of Crowden Clough which we will use to gain the southern edge path of Kinder. Some rock hopping and use of hands will be required but the views looking back and from the edge are spectacular. The route continues via the edge to Hartshorn, Ringing Roger, and Crookstone Out Moor before descending to Crookstone Barn. The contrasting return along the Edale Valley will pass Clough Farm, Rowland Cote and Nether Ollerbrook and will give fine views of The Great Ridge across the valley.

- **HASLINGDEN GRANE**

Leave 0915 8.5 miles Cat.3 Transport £6.00

Leader: John Drinkwater & Judy Bailey 969 1557/928 1156 Mob No: 07401519951

Park Cars: Clough Head Car Park GR751 231 (toilets and cafe)

M60, M66 to the end, A56, 2nd left B6232 to Haslingden. At 'T' junction turn left for Darwen. Approx 2mls, CP on right.

Calf Hey Reservoir, Rossendale Way to Tor Hill, paths to Helmshore and onto Hutch Bank. From Windy Harbour Farm follow Rossendale Way back to Clough Head. A varied walk with scenic views. Two stiff climbs !

WEDNESDAY 20TH AUGUST - WILDBOARCLOUGH / HIGHER SUTTON / MACCLESFIELD FOREST

Leave 0915 9 miles Cat.3/2 Transport £4.60
 Leader: Harry Hewlett 0161 962 4869 Mobile No.: 07950 689777
 Park Cars: CP – Clough House, GR 987699, B??? Return to cars: 1530

CP/Crag Inn/ Greenway Bridge/ Oakenclough/ Hanging Gate/ Ryles Arms/ Gritstone Trail to Ridgeway Reservoir / Trentabank / Standing Stones / Buxtors Hill / Shutlingsloe – flank or summit / Clough House CP.

- WEST KIRBY / HILBRE ISLAND

Leave 0930 7 miles Cat.4 Transport: £8.00
 Leader Brian Warburton 928 7087

Park cars Wirral Way, Caldby Picnic Park, Croft Drive, Caldby (GR.223 850) Take M56 to exit signposted Chester / Hoylake. Take A540 towards Hoylake. After passing Thurstaston signs, turn left at Caldby sign and follow into village (Caldby Road becomes Shore Lane / Croft Drive). Car Park is on right, just before shoreline.

A pleasant walk to West Kirby, using the Wirral Way and beach, to visit Hilbre Island and hopefully the basking seals ! Absolutely flat walk and no stiles.

SUNDAY 24TH AUGUST - PARBOLD

Leave 0830 11.5 miles Cat.3/2 Transport £6.40
 Leader: Colin Turner 973 7770 Mob No: 07582448095

Park Cars: GR 492 108 Free CP Leave M6 (North) at J27 to join A5209 sp Parbold. In approx 3m descend Parbold Hill then in 1/2m take second right sp Parbold village. Cross level crossing and park behind row of shops on right. Return to Cars: 4pm approx

Field paths to climb Hunters Hill then Horrocks Hill to reach the ruined windmill. Turn South to walk through Fairy Glen and Appley Bridge. Cross the river Douglas to climb to Ashurst's Beacon before turning North to pick up the Leeds and Liverpool canal back to the cars

WEDNESDAY 27TH AUGUST - NORLEY AND KINGSLEY

Leave 0915 8 3/4 miles Cat.3 Transport £4.80
 Leaders Colin and Hazel Baldwin 980 5409 Mob No: 0773 327 0371

Park Cars: Barnsbridge Gates Car Park. GR 542716. Follow A556 to Oakmere/Delamere. Turn right onto B5152. Turn left at Hatchmere (1 mile beyond Delamere Station) into Ashton Rd. Car park is then 0.9 miles on left.

A walk in and out of the Delamere Forest visiting Norley and Kingsley via Blakemere Moss, Hart Hill, Norley, Kingsley, Kingswood Cottage and returning to the cars by Sandstone Trail. Forest tracks, field paths and a dozen or so stiles.

- MOSES GATE AND CROAL IRWELL VALLEY

Leave 0930 7 miles Cat.4/3 Transport £4.00
 Leaders David & Liz White 980 8605 Mob No: 07716961974

Park Cars: Moses Gate Country Park. Take M60 to Junction 15 then M61 towards A666. Leave at Kearsley towards Farnworth on A6053 Country Park signposted on right GR 745 070

Along disused Manchester, Bolton and Bury Canal above River Irwell. Irwell Valley Way. Through Ringley Wood into Ringley with its 1625 clock tower and pack horse bridge. Back along the canal, River Croal, Darley Delph Quarry into the country park.

SUNDAY 31ST AUGUST - BELMONT / DIMPLE / TURTON

Leave 0845 12 miles Cat.3 Transport £5.00
 Leader Harry Hewlett 0161 962 4869 Mobile No.: 07950 689777

Park Cars: Crookfield Road CP, GR. 665191 – B???

Exit Bolton on the A666, bearing left onto the A675. Crookfield Road is on the right approx. 2 miles north of the village of Belmont. The car park is on the left about 100M along the road. Return to cars: 1600.

CP/Witton Weavers (or by way of Turton Moor) to Moss Side Plantation/ Hole Bottom / Dimple /Horridge Farm / Three Lowes / Turton and Entwistle Reservoir / Edge Fold / Cranberry Moss / Brookside Farm / White Hill / Higher Pasture Farm .

- MARBURY

Leave 0930 6 miles Cat.4 Transport £3.60 Leader: Beryl Hunwick 928 3644

Park cars Marbury country Park GR 652 764 M56 to J10. Turn sharp left to A559. After 3.5 miles, at Sevenoaks Saddlery, turn right into Gibb Hill and follow brown signs to Marbury Country Park. P&D £2.50.

A pleasant walk around Marbury Country Park, along good paths, with views of Budworth Mere. Neuman's Flash, Wilton Brook and the River Weaver. Park in the main car park, pay and display – share costs. There are public toilets. Drinks/ice creams also available at the kiosk.

LEADERS WANTED

SUNDAYS

September 7th, B & C, 14th, B & C, 28th B & C All walks - Contact: Phil Worsley Tel: 777 6013 Would all Sunday Walk Leaders please forward details of names and numbers on walks, guest details etc. direct to Phil Worsley

WEDNESDAYS

September - 3rd 'A' & 'B', 10th 'A' & 'B', 17th 'B', 24th 'A', 'B' & 'C'.

Contact Alan Key 941 4359 'A' walks, David White 980 8605 'B' and 'C' walks

FUTURE EVENTS

WEDNESDAY 10th SEPTEMBER - COACH TRIP TO GRASSINGTON

'A' walk - 10 miles Cat.3/2 Leaders: John Drinkwater & Judy Bailey 969 1557/928 1156 mob.07401519951 Starting the walk from Threshfield to Skirehorns, passing Height House we cross Malham Moor to reach Conistone. Climbing up through the Dib, a small limestone gorge, to reach Bycliffe Road and Kelber, we then follow the paths via Bare House into Grassington. A really delightful walk.

'B' walk - Leader - Frank Dockry

'C' walk - Leaders - Dean and Elsie Edwards

(Walk details in September circular)

Book with Janet Blinkhorn (941 1634) 2 Hawthorn Cottages, Hawthorn Road, Hale, Cheshire WA15 5RQ with a cheque for £10 made payable to ALTRINCHAM RAMBLING CLUB. Please note that there will be a 15 minute comfort stop at the Services so please bring your own drink or buy a take-away.

Will all coach trip leaders let Anne Macaulay have details of your walks by 11th August please

SUNDAY 21st SEPTEMBER - COACH TRIP TO BALA

'A' walk - Leaders Chris and Margaret Sadler

'B' walk - Leaders Norman and Frances Felton

'C' walk - Leaders Martin and Sandra Ostick.

(Walk details in September Circular)

Book with Edna Adderley (980 7753), 2 Well Green Close, Hale, Cheshire WA15 8PT with a cheque for £10 made payable to ALTRINCHAM RAMBLING CLUB.

Will all coach trip leaders let Anne Macaulay have details of your walks by 11th August. please

2015 CLUB WEEKEND

The 2015 Club Weekend has been arranged for 10th, 11th, 12th and 13th April 2015 to the George VI hotel Criccieth, again arranged through Alfa Travel. Please find attached to this Circular the Application and Indemnity Forms which must be completed and returned to Dean by the 18th August 2014

NEWS OF MEMBERS

Best wishes to Jean Lewis who is recovering from a foot operation.

Best wishes also to Dorothy Hopkin who we hear is in Wythenshawe Hospital.

After five months Brenda Bailey has now been diagnosed as needing a replacement hip. She is now on the waiting list.

VACANCIES ON THE COMMITTEE

The following members have agreed to fill vacancies on the committee and if no one else volunteers, they will be voted on at the AGM.

General secretary - Monica Beardmore.

Programme secretary - Ian and Josie Stenhouse

Goodwill secretary - Jeanne Gregory and Lesley Short

However, we still urgently need people for the following posts when the present members stand down at the AGM on 20th November:-

1. Sunday coach trip organiser who will be part of the coach trip sub- committee.

2. A general committee member.

Please contact Judith Wainwright (Chairman) if you would be interested in any of these posts.

NEXT COMMITTEE MEETING

7.30 pm Tuesday 5th August at Timperley Community Centre, Park Road, Timperley

Anne Macaulay
Programme Secretary
0161 941 2976

Jill Lee
Programme Distribution
0161 980 3252

A.& D.R.C. 4 Day Week End

George IV Hotel Criccieth

10,11,12,13 April 2015

With

Alfa Travel

**Cost £175 PP Transport, B B, Evening Meal and
2 Packed Lunches –Room with Castle View Extra**

**Deposit: £50 per person – Cheques Only (Names on the Back)
Payable to Altrincham Rambling Club**

Rooms Available:-

7 Singles

10 Doubles (1 With Castle View Plus £10 PP if Requested)

13 Twins (4 With Castle View Plus £10 PP if Requested)

Those wishing to share a room **must** apply on **One** Form.

ROOM TYPE

NAME

NAME

1 Special Requests, ie: Vegetarian Diet etc

2 Your Contact Telephone Number:

3 INSURANCE £TBA Yes / No

If NO, the attached Indemnity Form MUST be completed and returned with this application, **one per person**. This includes those with their own holiday insurance.

Please Return by the 18th August 2014

TO

Mr G D Edwards

7 Bowness Drive

Sale

Cheshire

M33 6WH

Please note that, to avoid confusion, A.& D.R.C. Members should not contact Alfa Travel or the Hotel with regard to this holiday except through the Club Organiser Dean Edwards.

INSURANCE

The booking conditions of most tour operators require you to obtain adequate holiday insurance. Such insurance should ensure that you are fully covered against unexpected cancellation charges, medical expenses arising abroad, loss of luggage or money and personal liability claims.

It is strongly recommended that you accept either the insurance offered by your travel agent or the insurance arrangements described in the tour operator's brochure. However you are entirely free to make your own arrangements provided that the resultant policy affords cover comparable to that offered by the tour operator. If you elect to make your own arrangements please sign the indemnity statement shown below.

Whereas I have declined to take out holiday insurance cover offered by the tour operator in connection with the arrangements referred to below and furthermore I have declined to take out comparable insurance cover offered by the travel agent through whom the arrangements have been made I hereby undertake on behalf of myself ~~and all members of my party~~ to arrange holiday insurance which provides comparable cover to that offered in the tour operator's brochure. Furthermore I agree on behalf of myself ~~and all members of my party~~ that should I fail to arrange such insurance, I shall indemnify the tour operator and travel agent for any costs that arise which would otherwise have been met had such insurance cover been taken out.

Signed: _____

Date: _____

Name: _____

Address: _____

Tour Operator: _____

Holiday Ref: _____

Date of Departure: _____



