

ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

AUGUST CIRCULAR 2012

1. **All rambles meet at the far end of Altrincham Station car park at rear of station .**
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the 'Guidelines for Members taking part in Walks'

Sunday 'B' Walks

Please note that it is becoming increasingly difficult to obtain walk leaders for the Sunday 'B' walks and obviously, as has been said many times in the past, without leaders there will be no walks. If therefore you are able to lead a walk, assist in leading a walk or need assistance yourself in leading a walk please contact Derrick Hamer on 0161 969 3821 or Heather Wykes on 01625 618782. Your help in this matter will be greatly appreciated. Thank You.

SUNDAY 29TH JULY - SHELDON AND OVER HADDON

Leave 08.30 11 miles Cat.3/2 Transport £6.60. Leader: Judith Rees 980 5034 or 07923130630
Park Cars: Park cars on parking area at the side Flagg Lane near the top of Deep Dale. Explorer map OL24 SK157686 Return to Cars: 4.00pm

A circular walk skirting round Sheldon, across fields to Over Haddon, Lathkill Dale, Limestone Way, Bagshaw Dale and High Low back to the cars

WEDNESDAY 1ST AUGUST - CHINLEY TO EDALE (Linear walk)

Leave 8.15 9 miles Cat.3/2 Transport £6
Leaders Beverly Harrison, Tony Davies, Pauline Glover 928 1093, 969 5962, 928 0644
Park Cars: Edale station car park. GR SK12303 85370: cost £2.50.

Train from Edale to Chinley 9.47 am. cost £ 3.30 (£2.20 with rail card). If you miss the train we cannot wait!

From Chinley up Cracken edge to Peep O Day. Then Coldwell Clough down Jacobs Ladder and Pennine Way to cars at Edale Station.

- RUSHTON TO WINCLE

Leave 9.15 7 miles Cat.3 Transport £4.20
Leader: Frank Dockry 973 6617

Park Cars : Gritstone Trail CP by Knott Inn Rushton Spencer GR 935 624 on right off the A523 Macclesfield – Leek road soon after crossing the River Dane. Return to cars: 3 pm

Over the rolling hills to the west of Wincle and through the woods of the Dane valley. The route is over fields, field paths and tracks and there is a steep uphill and downhill and a flight of steps. If a wet period there may be a muddy section – a stile(ish) walk.

SUNDAY 5TH AUGUST - WEST OF SNOWDON

Leave 0730 11 miles Cat.2 Transport £8
Leader Phil Worsley 777 6013 or 07971 514369 (on the day only)
Park Cars: Car park on the A4086 opposite the Snowdon Mountain Railway at Grid Reference SH582598. Cost to be shared.

This strenuous but rewarding walk to the west of Snowdon will visit four mountain summits above 2,000 feet and will involve 4,300 feet of ascent and descent spread across 11 miles of category 2 walking. From Llanberis the walk will take the Snowdon Llanberis Path as far as Halfway House where the path will be left in order to visit Llechog at 2,356 feet. Leaving Llechog we descend to cross the Snowdon Mountain Railway and continue under the climbing cliffs of Clogwyn Du'r Arddu to reach Bwlch Cwm Brwynog. The walking changes now from rock to grass as we climb to Moel Cynghorion at 2,211 feet and then continue west and then north-west via the minor top of Foel Goch to Foel Gron at 2,064 feet, and then Moel Eilio at 2,382 feet from where we descend north-east via Braich y Foel and back to Llanberis. In order that transport can be suitably arranged, if you are intending to join this walk please contact the leader in advance.

- MACCLESFIELD

Leave 9.15 7 miles Cat 3 Transport £3.80
Leader Beryl Hunwick 928 3644

Park cars CP at Teggs Nose reservoir. Route – A523 Leek Road out of Macclesfield. Turn left at traffic lights (Byrons Lane) following signs to Langley, keep bearing left at Church Inn and by church, turn left up narrow lane marked with no through road sign, which leads to car park. Grid Reference SJ94562 71843.

pto for walk description

We walk along the east side Teggs Nose reservoir and up fields to Clough House Farm, then across fields and Hacked Way Lane into Macclesfield Forest to Chapel House farm, across moorland and back into the Forest, skirting Buxtors Hill and Nessit Hill, then via part of the Gritstone Trail down to Ridgeway reservoir and by Clarke Lane on south side of Bottom reservoir back to the start. Some steady climbs, giving good views over the surrounding countryside to Alderley Edge, Jodrell Bank and Shuttlingsloe. Some muddy places but no difficult stiles.

WEDNESDAY 8TH AUGUST - RAMSBOTTOM TO SCOUT MOOR

Leave 09.00 10 miles Cat.3/2 Transport £5.

Leader Alan Key 941 4359 or 0776 162 4521:

Park Cars: Nuttall Park car park SE795193 (BL0 0AS) on Nuttall Hall road (BL0 0AS) Ramsbottom. Take M66 and follow signs to Ramsbottom along A56. When you turn off the A56 at a left turn (signposted Ramsbottom) at traffic lights and falling steeply (signposted Ramsbottom) follow this road, then take the second turning on the left after crossing the motorway (Nuttall hall road).

Ascent of Scout Moor to summit of Whittle hill going via upper Cheesden Valley and returning via Bury Old road.

- BEESTON

Leave 09.30 5 miles Cat.4 Transport £5.60

Leader: Alison Wilkes 962 9352

Park Cars: Beeston Castle Car Park. Map ref 117 : 540591

Directions to Start :

1. Take A556 down the Northwich by-pass. Turn left at the Blakemere Craft Centre, down the A49 to Whitchurch.
2. Take combined A49 / A51 straight on at roundabout, then turn right at traffic lights to continue on the A49, signposted Beeston Castle.
3. After Tiverton, turn right just beyond site of Beeston Market, signposted Beeston Castle.
4. Straight on at corner into narrow lane with passing places.
5. Turn left at end, and left into car park opposite Castle entrance. Car park fee is £3

Beeston Castle south down the Sandstone Trail then west to Brook Bank Farm. Down Back Lane to Wood Farm then along the Eddisbury Way past Pennsylvania Wood towards Higher Burwardsley. Then back north-east to return via the Sandstone Trail.

SUNDAY 12TH AUGUST - COACH TRIP TO CHURCH STRETTON

The coach will leave M&S Sale at 8.00 am with the usual pick-up points.

'A' walk - 9 ½ miles Cat.3 Leaders: Mike Jones and Janet Blinkhorn

A steady climb takes us up to the Long Mynd. We then follow the Shropshire Way to Pole Bank before returning via Round Hill and Little Stretton. Fine all round views, weather permitting.

'B' walk - 7 ½ miles Cat.3. Leader: Frank Dockry. Mobile (on the day only) 07599557690

We climb steadily for over half the walk along mostly easy paths, few steep parts, beautiful views, weather permitting. The walk takes us along Batch Valley, by Plush Hill, across moorland and back through Cardingmill Valley to Church Stretton.

'C' walk - 6 miles Cat.4/3 Leaders: Martin and Sandra Ostick.

Nover's Hill, All Stretton, round Helmeth Hill, and round Hazler Hill. Return to Church Stretton.

For seats on the coach contact Edna Adderley 0161 980 7753.

- LANGSETT

Leave 08.45 13 miles Cat.2/3 Transport £6.80

Leader Alan Key 941 4359 or 0776 162 4521:

Park Cars: Langsett Barn car park near Langsett reservoir Dam and on A616 (GR SE211004). Take Woodhead road A268 from Manchester and turn right at Flouch roundabout onto the A616.

The car park is on the right after a mile.

A walk to Lady Cross along the Barnsley boundary walk, then along the Derwent skyline walk including Howden edge, Harden moss to Margery hill then return via Cut Gate Path.

WEDNESDAY 15TH AUGUST - KINDER CIRCULAR

Leave 09.00 10.5 miles Cat.2/3 Transport £4.40

Leader: Alan Gerrard 980 7508:

Park Cars: Bowden Bridge pay and display car park on Kinder Road Hayfield at GR 048869

William Clough, Kinder Edge, Edale Cross, returning via Brown Knoll, under South Head and Mount Famine. This Classic high level circuit is in response to requests from some members.

- CHRISTLETON

Leave 09.45 8 miles Cat.4 Transport £5.80
Leaders Mike Jones and Janet Blinkhorn 941 1634
Park Cars: Landsdown Rd GR SJ471673 A556 then A51 to Stamford Bridge lights then R onto B5132. then immediately right opposite pub. Park on roadside at far end.

Great Barrow, then field paths to Guilden Sutton, Littleton and Christleton. Generally flat with few stiles.

- SANKEY VALLEY / CARR MILL DAM

Leave 0930 5 ½ miles Cat.4 (no stiles) Transport £5
Leader Brian Warburton 928 7087 and Norman Simcock 962 1627.
Park cars Stanley Bank, Sankey Valley Visitor Centre, Blackbrook Road, Haydock. (GR 535 966).
Take M6 north to J23. Follow East Lancs Rd. (A580) and after approx. 3 miles, turn left at A58 (Vicarage Rd) which becomes West End Road and then Blackbrook Rd. Stanley Bank CP is on the righthand side of A58.
Use Ship Hotel car park if Visitor Centre car park is full.

We enter Sankey Valley Park at the Stanley Basin, a loading wharf for the Sankey canal, England's first 'dug-out' Canal, dating from the mid 1700's. It serviced several coal-mines in the area. We circuit Carr Mill Dam and return by way of the hamlet of Chadwick Green. We view Billinge Hill, which is Merseyside's highest point, as we pass the nineteen arches bridge into the Goyt Valley (No! not that one).

SUNDAY 19TH AUGUST - EYAM

Leave 08.30 13 miles Cat.3/2 Transport £6.80 Leader: Mike Gregory 01625 614211.
Park Cars: Eyam free car park opposite the museum on Hawkhill rd GR SK216767 (where leader will meet)

A fairly strenuous morning of moorland walking followed by a moderate afternoon of woodland and riverside paths. The route includes Sir William Hill, Stoke Ford, Abney Moor, Offerton, Leadmill Bridge, Grindleford, Frogatt and Stoney Middleton.

THE RIVER MERSEY

Leave 09.30 6.9 miles Cat.4 Transport £1.00 Leader: Norman Felton 748 3493
Park cars At the Atlas Bathrooms car park on Newton Street opposite Stretford Mall on Chester Road, Sat.nav M32 8LS GR SJ 797 943. Return to cars: 2.30

By special request a repeat of a Wednesday walk in March especially for Sunday walkers. Meet in the Atlas car park at 10.15. Go by bus, metro or even walk there. This walk is flat, not even an incline. The paths are wide and well-made. No stiles. We walk canals, rivers, babbling brooks, lakes and ponds. Bird life in abundance and a hide. Two nature reserves and wild flower meadows.

- RODE HEATH RAMBLE

Leave 09.45 5 ½ miles Cat.4 Transport £4.20
Leaders: Norman & Angela Simcock 962 1627.
Park cars: M6 junction 17, take A534 (Old Mill Road) to Sandbach. Turn left at traffic lights onto A533 to Hassall Green, (drive for approx.2 miles). Turn right at New Inn pub onto New Inn Lane, pass the canal locks and pink church and turn right at white House into Salt Line Car park. GR 775 583.

Along the Salt Line to Lawton Gate, then some road walking to Rode Heath, along Trent & Mersey canal to Hassall Green and back to car park. An easy walk with some road-walking, no stiles

WEDNESDAY 22ND AUGUST - CALVER - Leader: Jack Garstang 980 6349.
Details in September circular.

- APPLETON / GRAPPENHALL/STOCKTON HEATH

Leave 09.45 6 miles Cat.4 Transport £2.40
Leaders Jan Williams and Steve Darlington-Case 07913441664
Park Cars: Lay-by on the B5356 just south of Appleton Thorn. A56 through Lymm. Left on to B5158 Cherry Lane after Lymm dam, A50 at Knutsford Road and then right onto B5356 - Grappenhall Lane. Continue through Appleton Thorn village and the layby is on the right round the bend just passed the church and village hall (GR 637838, Landranger 109, Pathfinder SJ 68/78)

A fairly level walk across fields, along a canal towpath and up a wooded valley. No stiles! One short section of road walking to join Bridgewater canal towpath at Grappenhall as opening near the bridge is inaccessible.

SUNDAY 26TH AUGUST - SOUTH PENNINES

Leave 08.45 11 miles Cat.3/2 Transport: TBA
Leaders Brenda and Claire Bailey 01619009177 mobile 07549630227
Park Cars: Standedge Visitor Centre car park next to Marsden Station. Marsden village is off the A62. grid reference SE 047118

Out of Marsden towards Warcock Hill and on to Brun Clough Reservoir. Through Diggle then up to Millstone Edge and the Pennine Way. Lots of ups and downs and not too much on the flat

- **RIBBLE VALLEY**

Leave 09.00 8 ½ miles Cat.3 Transport £8.00

Leader Elaine Hall 962 5422 (mob. 07790063485)

Park cars: Car park in Downham GR 785 440 – toilets. M60 – M66 – A59/671 towards Clitheroe. At roundabout where A671 goes to Clitheroe keep on A59 for approx. 4 miles. Just after passing under a road and railway bridges – left S/P Chatburn and Downham. In Chatburn – left S/P Downham. At pub in Downham right fork. Pass church, down to bridge over brook. CP right opposite cottages.

A lovely undulating walk with some stiles, views of the Ribble Valley and Pendle Hill. From Downham (where "Whistle Down the Wind" was filmed), Through pretty Rimmington to Sawley with its Abbey Ruins. Shorts worn at own risk.

WEDNESDAY 29TH AUGUST - MILLER'S DALE & MONSAL HEAD

Leave 8.45 10.5 miles Cat.3/2 Transport : £7.

Leaders Veronica Dunkley, Elizabeth Downie & Graham Peake

928 4629 (mobile on day 07780 914 773 or 0780 1054 139)

Park cars: Wormhill Car Park (Miller's Dale Station) with toilets. P&D £3.50 OL24 GR 137 733. From B6049 in Miller's Dale, turn West uphill signposted to car park.

Start with steep climb out of Miller's Dale. Along to Priestcliffe, Taddington, Taddington Field, Monsal Dale beside pretty River Wye and up to Monsal Head. Down to Cressbrook, Water-cum-Jolly Dale, Litton Mill and back along Monsal Trail.

BOLLINGTON MILLS, NOOKS & CRANNIES

Leave 0930 7 miles Cat.3 + a short steep climb over 'Saddle of Kerridge' Transport £2.80

Leaders Keith Wykes 01625 618164 & Anna Bainbrigg (07786 796261 on day)

Park Cars: Holehouse Lane CP (off Rushmere Close) on the left just past "The Windmill" PH & before two bridges GR SJ92590 78945 (or on Holehouse Lane if CP is full). Take B5358 at Cheadle Hulme, Handforth or Dean Row to its "T" junction Bonis Hall Rd. end at A523(T) London Rd. just N. of Butley Town; L.turn then 1st R. (S.P. Whiteley Green) into Holehouse Lane & C.P.as above where leaders will meet.

This is the same walk as offered on Sunday 22nd July. An exhilarating ramble incl. contrasting & varied scenery particularly over the "Cheshire Plain". We pass Ingersley Vale Mill (now being demolished); Waulkmill Wood (Woodland Trust); Adelphi & Clarence Mills N.B. there will be stops for outside (and may be inside bought) Elevenses, Lunch & Afternoon Tea etc.

RAMSBOTTOM TO BURY

5 miles Cat 4/3 Leaders: Barry Rice 962 2377 and Giulio Poletti 962 7648

We propose to start by getting the metro to Bury on the first available tram after 10.00 am (don't forget your passes). On arrival in Bury walk through the bus station to the Memorial Square where the leaders will meet at approx 11.00. From there we will walk to the East Lancs Railway where we hope to catch a steam train scheduled for 11.45 to Ramsbottom. Cost of train £4.00 single - this is an estimate, we will try to obtain a group concession discount if there are sufficient walkers and we get agreement on the day.

A walk from Ramsbottom following the Irwell Valley Sculpture trail back to Bury

LEADERS WANTED

SUNDAYS

Contact Phil Worsley 777 6013 ('A' walks), Derrick Hamer on 969 3821 ('B' walks).

'C' walks - Anne Macaulay 941 2976.

WEDNESDAYS

September - 5th 'C' walk, 19th 'B' walk, 26th 'B' walk

Contact John Drinkwater 969 1557

FUTURE EVENTS

WEDNESDAY 12TH SEPTEMBER - COACH TRIP TO LLANDUDNO

'A' walk - 8 miles Cat.3/2 Leaders - Martin and Sandra Ostick.

'B' walk - 7 ½ miles Cat.3/4 Leaders - Mike Jones and Janet Blinkhorn

'C' walk - 6 miles Cat.3/4 Leaders - Edna Adderley and Margaret Fowden

Book with Janet Blinkhorn (941 1634), 2 Hawthorn Cottages, Hawthorn Road, Hale, Cheshire. WA15 9RQ with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB and stating where you will be joining the coach. Bookings accepted only after 20th July.

SUNDAY 23rd SEPTEMBER - COACH TRIP TO SETTLE

'A' walk - 11.5 miles Cat. 3/2 Leader: Phil Worsley - Smearsett, Pot and Giggleswick Scars

'B' walk - 7.5 miles Cat.3 Leaders: Keith Wykes and Anna Bainbrigg

'C' walk - 5.5 miles Cat.4/3 Leader: Alison Wilkes

Book with Edna Adderley (980 7753), 2 Wellgreen Close, Hale, Cheshire WA15 8PT with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB and stating where you will be joining the coach. Bookings accepted only after 20th July.

Note to Leaders: Please let Anne Macaulay have details of your walks before 11th August.

***Please note that coach trips calling at Motorway Services will only do so for 15 mins. comfort break. Therefore walkers should provide their own hot drinks or purchase a takeaway drink.*

FRIDAY 21ST SEPTEMBER 2012 - HARVEST SUPPER AND HOEDOWN,

With a 5 piece band 'The Fiddlesticks'. Venue at the St. Pauls Church Hall, Springfield Road, Sale.

Tickets £9, includes supper. Tickets available from Derrick Hamer tel. 969 3821 or Elaine Hall tel. 962 5422.

HEALTH & SAFETY

It is a requirement of the Club's Insurance Policy that a designated Member of The Committee be responsible for Health & Safety. Chris Sadler has agreed to take on this role. Any walk accidents should be reported to Chris Sadler so that it can be recorded in the Club Accident Book. Contact details are on your Membership Card. The definition of an accident is an incident after which the injured party seeks further assistance by an external body such as their GP or by a visit to a hospital.

CIRCULAR DISTRIBUTION SECRETARY

Edna Adderley has given notice that she no longer wishes to continue in the post of Circular Distribution Secretary after the AGM. We therefore need a replacement for this role. If anyone wishes to volunteer for this post or wants to discuss what the work entails then contact Chris Sadler. Contact details are on your Membership Card. This is not a Committee post. The Committee send their thanks to Edna for all of the work that she had done as Circular Distribution Secretary. She continues to serve the Club in Coach Trip organisation.

TREASURER AND MEMBERSHIP SECRETARY

In the April Circular it was advised that Roger Parker and Judith Bailey did not wish to continue in the respective posts of Treasurer and Membership Secretary and we asked for replacement volunteers. It was confirmed that any volunteer would be co-opted onto the Committee to shadow the present Officers to be given time to learn what the job entailed. We had a volunteer for each post; Steve Glover for Treasurer and Rose Monteath for Membership Secretary. As previously confirmed they have been co-opted onto the Committee. Any final appointment is subject to approval by the Membership at the AGM.

COTSWOLD DISCOUNT

Members can now use their Altrincham & District Rambling Club card to receive a 15% discount in all Cotswold shops. This applies to everything in store that is not already on a promotion. It cannot be used in conjunction with any other discounts and offers and excludes gift vouchers and courses. Discount is only valid upon presentation of a valid membership card.

THE CLUB BREAKAWAY 2013 TO ILFRACOMBE - INSURANCE PREMIUM

I am pleased to advise all who require insurance for the 2013 Club breakaway at Ilfracombe, - the Premium has been set at £14. Dean.

WELCOME TO NEW MEMBERS

A warm welcome to those joining our Club this month – Inessa Salzhantisna and Jonathan Wilkinson

NEWS OF MEMBERS

Sally Ferrans would like to thank members who sent cards and good wishes for her recent 90th birthday. Also Reg Ferrans thanks members for cards and good wishes. We hope you are now on the mend Reg.

Nita Levi also thanks members for their good wishes during her recent disability.

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