

# ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

## JUNE CIRCULAR 2012

1. **All rambles meet at the far end of Altrincham Station car park at rear of station .**
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property
7. It is the responsibility of any Club Member who introduces a guest to a walk to ensure that their guest has read the 'Guidelines for Members taking part in Club Walks'.

### SUNDAY 3<sup>RD</sup> JUNE - UGHILL MOORS AND STANAGE EDGE

Leave 8.30 12 miles Cat.3/2 Transport £7.50

Leaders Peter and Susan Darby 908 3908 on day 07837345297

Park Cars: Dennis Knoll. GR 228843. Take A57 to Ladybower and turn right onto A6013. Approx 50m after the Yorkshire Bridge Inn turn left into New Road. After about 2 miles turn left at the T junction and the Car Park is straight ahead. Return to Cars: 16.00

An undulating walk with several steady climbs but no steep gradients, on paths and lanes, through fields, moorland and woods. Stanedge Pole, Crawshaw Lodge, Platts Farm, Stake Hill Road, Stanage Edge. Great views if fine !

### BOLLINGTON

Leave 9.30 6.5 / 7 miles Cat.3/4 Transport £3.40

Leader Derrick Hamer 0161 969 3821

Park Cars: GR 935.779. From A523 Poynton to Macclesfield road, take the B5090 or B5091 into Bollington. Continue through to pass under the arches for the Middlewood Way above. Continue to Palmerston street and watch for the Spinners Arms to the right and the car park on left.

Bollington to Ingersley Vale to Rainow, from here we shall take the moderate climb, instead of the usual steep route, up to the top of Kerridge Hill. From the top it is downhill to the Swanscoe Farms. From here on, it is a flattish walk into Bollington.

### WEDNESDAY 6<sup>TH</sup> JUNE - HOUSLEY AND GREAT LONGSTONE

Leave 9.00 10 miles Cat.3/2 Transport TBA

Leader Brian Billington : 0161 485 4119 / 07880588392

Park Cars: Travel A623 towards Stony Middleton. At Housley there is a junction with a minor road on the left leading to Foolow. GR. White Peak 193759. At this point there is a triangular area with adequate parking for many vehicles. (Where the leader will meet) Return to Cars: Approx 4 p.m.

Housley, SE to Cavendish Mill, rough side, North Cliff plantation. SW Rowland, Great Longstone Edge, Longstone Moor and Castlegate stud farm.

### CONGLETON AND THE EDGE

Leave 9.15 8 miles Cat.3 Transport £4.40

Leaders Colin and Hazel Baldwin 980 5409 (Mobile 0773 327 0371)

Park Cars: Astbury Mere Country Park. GR 846627. Take A34 south from Congleton. Turn left 100yards after island junction with A54 & A534 into Sandy Lane. (signpost to Astbury Mere Country Park). Sandy Lane leads into car park. Voluntary 50p or £1 donation to park cars.

Steep climb via steps from car park. Lamberts Lane, Macclesfield Canal, Biddulph Valley Way. Then a steep and muddy climb up to Congleton Edge. Nick'i the Hill, and by field paths and lanes to Macclesfield Canal again. Finally across Astbury Golf Course back to the cars.

### NORLEY / DELAMERE

Leave 9.45 5 miles Cat.4 Transport £4.00

Leader: Janet Fowler 07939407722

Park Cars: Layby at Norley primary school - 8 cars (school hols) also surrounding roads

OS explorer map 267 12 miles south of Chester GR – OS.267 Northwich & Delamere 72.5 56.5

Mainly flat, through pasture, bridle paths and forest round Blakemere Moss and finally retracing steps back to cars. 4 stiles, one slight incline, can be muddy in wet weather. Return to cars: 1.30 pm.

**SUNDAY 10TH JUNE - COACH TRIP TO SEDBERGH**

The coach will leave The Downs, Altrincham at 8.00 am with the usual picking up points.

'A' walk - 9.5 miles Cat.2/3 Leaders: John Drinkwater & Judy Bailey:

We begin this circular walk from Sedbergh taking the path heading up Settlebeck Gill to join the main path upto The Calf. After a steady climb we slowly reach The Calf summit at 676m. We should be, hopefully, rewarded with spectacular views. The first part of our descent around Bram Rigg is steep and narrow but afterwards we continue on less steep paths back to Sedbergh.

'B' walk - 7½ miles Cat.3/2 Leaders: Pam Baxandall 973 6652 & Elaine Hall 962 5422

From Sedbergh we walk to Frostrow, then climb the fells to 950ft, drop down to Helmside. After a short road walk, we continue through farms, fields and woods to join the Dales Way back to Sedbergh via Millthrop.

'C' walk - 6 miles Cat.4/3 Leaders: Edna Adderley and Beryl Hunwick

A very pleasant circular walk, along the banks of the River Dee and over fields, with lovely views of the surrounding countryside. There are no difficult stiles and only a few gentle slopes.

A few seats are available on the coach. Contact Edna Adderley 980 7753

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**SUNDAY 10<sup>TH</sup> JUNE - EDALE**

Leave 0830 11 miles Cat.2/3 Transport £5.80

Leader Phil Worsley 777 6013 or 07971 514369 (on the day only)

Park Cars: The Pay and Display car park in Edale at SK 124853. Cost to be shared.

From Edale we will walk under Broadlee-Bank Tor before entering the confines of Crowden Clough which we will use to gain the southern edge path of Kinder. Some rock hopping will be required but the views looking back and from the edge are spectacular. The route continues via the edge to Hartshorn, Ringing Roger, and Crookstone Out Moor before descending to Crookstone Barn. The contrasting return along the Edale Valley will pass Clough Farm, Rowland Cote and Nether Ollerbrook and will give fine views of The Great Ridge across the valley.

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**WEDNESDAY 13TH JUNE - MOEL FAMAU / OFFA'S DYKE PATH**

Leave 9.15 9.5 miles Cat.2/3 Transport £8.60

Leaders Edwin Barron and Laurie Cullage 980 4216 / 941 1133

Park cars Car Park Moel Famau Country Park. GR SJ 172 611. M56 to North Wales then A494 towards Ruthin. Approx 0.6 miles past Loggerheads country park turn right at Tafarn-y-Gelyn. Follow this road for 1 mile to car park on right. NB: The road forks at the end of the village of Tafarn-y-Gelyn. Take the RH fork. At the CP a £1 coin is needed for entry.

Climb from CP to top of Moel Famau then follow O.D.P to CP at Bwlch Penbarra. Continue to Foel Fenlli and then to a Motel on A494. Continue on O.D.P. to footpath to a wood near Ffynnon-y-Berth then onto Moel-eithinen farm. Rejoin O.D.P back to cars.

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**- HALE - KNUTSFORD**

Leave 10.15 7 miles Cat.4

Leader Marion Seymour 941 5885 Mobile on day 07572474415

Meet at Hale Bowling Green, Ashley Road, Central Hale. GR772 865. Walk to Knutsford following paths and roads to enter Tatton Park at Home Farm Gate. Through park to Knutsford Gate. Disperse there to return by 88 bus or Chester Line train (passes and rail cards). Distance may be a little extended if proposed path has not re-opened.

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**SUNDAY 17<sup>TH</sup> JUNE - THE ENVIRONS BETWEEN FLASH & WILDBOARCLOUGH**

Leave 8.30 12 miles Cat.2/3 Transport £4.60

Leader Alan Gerrard 980 7508

Park cars Clough House CP, Wildboarclough GR SJ987699.

Cross moorland to the west of Wood Moss to join path from Cragg Hall to Birchenough Hill. Proceed via Gradbach, Wicken Walls and Wolf Edge to Flash. Return by way of Hilltop and lower Axe Edge, Danebower Quarries, Dane Bower and Cumberland Clough. This walk uses emerging paths over access land with some rough sections.

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**- TARVIN**

Leave 9.15 7.5 miles Cat.4 Transport £5.20 Leader Alison Wilkes 0161-962-9352

Park Cars: Church Street, Tarvin. Map ref 117 : 492668.

Directions to Start : 1. Follow A556 along Northwich by-pass to join A51 beyond Delamere.

2. After Kelsall by-pass, look for village sign for Tarvin, and take left turn into village.

3. In village centre at junction, turn left into Church Street.

4. Park on right-hand side with careful discretion (avoid bus stop).

Tarvin – Great Barrow – Broomhill – Swinfordmill – Peel Hall – Tarvin Sands - Tarvin.

Note : Two short but steep steps down with good handrails.

**WEDNESDAY 20<sup>TH</sup> JUNE - TODMORDEN**

Leave 9.00 10 miles Cat.3/2 Transport £7 Leader: Suzanne Caulfield 928 4838  
 Park Cars: OL 21 GR SD955246. Lobb Mill Picnic area. From Todmorden town centre follow A646 Hebden Bridge road for about 1.4 miles. Car Park on left at the end of railway arches. If full, parking about 200 yards further on the right.

Walk to Bean Hole Head and Higher Ashes then to Todmorden Centenary Way. Bridestones Moor, Stannally Farm. Cross A646 and walk up to Dobroyd Castle. Cross A6033 and continue via Honey Hole onto Calderdale Way to Lumbutts and then back to cars.

**FORMBY/ FRESHFIELD**

Leave 9.15 6 miles Cat.4 Transport £8.60 Leader Brian Warburton 928 7087  
 Park cars GR.282 067 (St.Lukes Church Road, Formby)  
 Leave M62 at J.6 (Huyton), join M57 and leave at J7. Turn left on to A5036 and 1st right on to A5207, then take A565 (Southport Rd). Turn left on to B.5424 (Liverpool road). Watch for Lighthouse restaurant on left. Shortly after turn into Raven Meols Rd (thatched cottage on corner). After approximately 1 mile, turn right into St.Lukes Church Road. Church is on lefthand side of road. Park as near as possible to front of church.

A walk to the Red Squirrel Nature Reserve, through dunes and Sandhills, returning via the beach.

**SUNDAY 24TH JUNE - WHERNSIDE & DENTDALE FROM DENT**

Leave 0745 12 miles Cat.3/2 Transport £8  
 Leader Mike Gregory 01625 614211 Mobile on day: 07890 232594  
 Park Cars: Dent village car park, (P&D charge £4.50), GR SD 704871. M6 to junction 37, then A684 to Sedbergh, turn right into Busk Lane and follow signs for Dent.

Following last year's successful walk over Ingleborough, one of the 'Yorkshire Three Peaks', this walk is to Whernside, the second and at 2415ft the highest of the 'Big Three'. The walk starts with a gradual 600ft climb alongside Flinter Gill to the 'Occupation Road' and contours the northern slopes of Great Coum to the road from Dent to Ingleton. We then climb the western slopes of Whernside, a steep category 2 ascent of 1000ft to the summit. The return to Dent is a gradual descent following the Craven Way and Dales Way.

**- ASHEN CLOUGH & SOUTH HEAD**

Leave 9.15 7 miles Cat.3 Transport £4.60 Leader Keith Leslie 976 3230  
 Park Cars: Lay-by on A624 Grid ref 049 847

Directions - follow A6 through Disley to traffic lights at New Town and turn left for Hayfield at the lights. At T junction in Hayfield turn right onto the A624. The lay-by is 1.4 miles from the T and is on the lefthand side.

A repeat (by request) of the walk last January when sticky snow and icy paths made the going heavy. Along Ashen Clough then up to South Head (National Trust) taking the gradual route via Shireoaks. Great views over the Roych and Kinder area. We return via Peep-O-Day.

**- CULCHETH**

Leave 10.00 5 ½ miles Cat.4 Transport £3  
 Leader Joe Jones 973 2019  
 Park cars Culcheth Linear Park. 95 65 Landranger (109). Cross Warburton toll bridge to lights and turn RIGHT on A57. At next lights turn LEFT A574 to Glazebury. Continue on this road for approx. 4 miles – at T-junction and roundabout turn LEFT passing Culcheth School on your right. Go to lights and roundabout, turn RIGHT and take 2<sup>nd</sup> LEFT. Go to roundabout, you will see Linear Park sign at 1.0'clock

An easy flat walk, though the fields are uneven. We go to Croft village park to have lunch. Short walk on road and then fields to join the disused railway track that is the Linear Park.

**WEDNESDAY 27<sup>TH</sup> JUNE - GRASMERE COACH TRIP**

The coach will leave The Downs, Altrincham at 8.00 am with the usual picking up places.

'A' walk - 8 miles (approx) Cat.3/2 Leader: Martin Ostick  
 It is hoped to climb Heron Pike, about Nab Scar calling at Rydal and a circuit of Rydal and Grasmere Lakes.

'B' walk - 7.5 miles Cat 3\* Ambleside to Grasmere – Leader Keith Leslie  
 This delightful and very varied walk takes us over low fells, through bluebell woods (are they still lingering?), around tarns and along valleys with great views en-route with the bonus of a public toilet at our start and another after five miles. From Rothay Park we head to the south side of Loughrigg Fell and the view point at the base of Ivy Crag (coffee stop/early lunch?). A gradual descent brings us to Loughrigg Tarn then through woodland to reach the Cumbria Way which we follow on the level to Elterwater (late lunch/early tea?) A steady ascent (\*a few short 'pulls' here to be taken slowly) takes us past Huntingstile Crag followed an easy downhill walk into Grasmere. *As this is a linear walk it's best to have your walking gear with you on the coach rather than put it in the side luggage bays as the coach cannot stop for long where it drops us off*

'C' walk - 5 ¾ miles Cat.4/3 Leader: Brian Warburton - Details on the coach.

A few seats are still available. Contact Janet Blinkhorn 941 1634. Mobile on day only 07840671087

**WEDNESDAY 27<sup>TH</sup> JUNE - BLACKSTONE EDGE**  
Leave 9.15 8 ½ miles Cat.3/2 Transport: £4.80

Leader Jill Chandler 973 7188

Park cars Hollinworth Lake Country Park Visitors Centre (P&D). GR 939 153.

Junction 21 on M62. A640 to Milnow. Right onto B6225 with BROWN 'Hollingworth Country Park' signs.

Visitors Centre just past Wine Press pub at head of lake.

Steep climb up Roman road to Blackstone Edge. Pennine Way, Windy Hill, Station to Station walk, Castle Hill.

### LEADERS WANTED

SUNDAYS

Contact Phil Worsley 777 6013 ('A' walks), Derrick Hamer on 969 3821 ('B' walk). 'C' walks - Anne Macaulay

WEDNESDAYS - JULY - 4<sup>th</sup> 'B' walk, 11<sup>th</sup> 'C' walk, 18<sup>th</sup> 'B' walk, 25<sup>th</sup> 'C' walk. Contact John Drinkwater 969 1557

### FUTURE EVENTS

SUNDAY 8<sup>TH</sup> JULY - SOCIAL COACH TRIP TO HARROGATE

This is a Social Trip and non-members may join us. Harrogate is a very attractive destination with a chance to visit Harlow Carr Gardens at a cost of £6.50 or free for RHS members.

Book with Edna Adderley, 2 Wellgreen Close, Hale, Cheshire. WA15 8PT (980 7753) with a cheque for £10 made payable to ALTRINCHAM RAMBLING CLUB and stating where you will be joining the coach. Bookings only accepted after 20<sup>th</sup> May.

WEDNESDAY 25<sup>TH</sup> JULY - COACH TRIP TO PATELEY BRIDGE

'A' walk - 9 miles Cat.2/3 Leaders: Mike Jones and Janet Blinkhorn

'B' walk - 7 miles Cat.3 Leaders: Dave and Liz White

'C' walk - 5½ miles Cat.3/4 Leader: Edna Adderley

Book with Janet Blinkhorn (941 1634), 2 Hawthorn Cottages, Hawthorn Road, Hale, Cheshire. WA15 9RQ with a cheque for £10 payable to ALTRINCHAM RAMBLING CLUB and stating where you will be joining the Coach. Bookings accepted only after 20 May.

NOTE to Leaders: Please let Anne Macaulay have details of your walks by 11<sup>th</sup> June.

*\*\*Please note that coach trips calling at motorway services will only do so for a 15 minute comfort break. Therefore walkers should provide their own hot drinks or purchase a takeaway drink.*

### GUIDELINES FOR MEMBERS TAKING PART IN CLUB WALKS

It is a requirement of the Insurance Policy taken out by the Club that any Club Member who introduces a guest to a walk or any other Club activity ensures that their guest has read the 'Guidelines for Members taking part in Club Walks'.

**CLUB MEMBERSHIP CARD PRINTING ERROR** - The telephone number of the Club Secretary - Susan Darby should read - 0161 980 3908 not 980 3098 as printed.

**CLUB BADGES** - Available from Roger Parker 980 2340 Price £1.

### NEWS OF MEMBERS

Maurice Haigh - We were saddened to announce the death of Maurice Haigh in the May circular. Many Club members attended Maurice's funeral on 1<sup>st</sup> May at Altrincham Crematorium.

Anne Brooker would like to thank all who kept in touch by letters and cards during her stay in Austria.

Anne hopes to be home again sometime in May. Unfortunately she has had a minor accident but it has resulted in a painful back and hospital visits which has delayed her return home. We wish Anne all the best for a good recovery and look forward to seeing her sometime soon.

Edwina Fysh wishes to thank members for their Get Well cards and messages following her recent knee op.

A letter has been received from the family of Vernon Hill thanking all who attended Vernon's funeral in February and says that it was lovely to meet Vernon's club walking friends as ARC played a big part in his life. Also for the generous donations - £170 each have been sent to St. Anne's Church and The Salvation Army.

**FOR SALE** Scarpa 'Go'Up' Walking Boots. Mens Size UK 10½ / EU 45 Only lightly worn.

Reasonable offers in the region of £50 Contact : Alison Wilkes Tel : 0161-962-9352

### WELCOME TO NEW MEMBERS

A warm welcome to those joining our Club this month.

John and Monica Beardmore, Alan Hales, Michael and Karen Wingate.

### NEXT COMMITTEE MEETING

7.30 pm on Tuesday 3<sup>rd</sup> July at Timperley Community Centre, Park Road, Timperley

Anne Macaulay  
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Edna Adderley  
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