

**ALTRINCHAM & DISTRICT RAMBLING CLUB**

**(<http://www.altrincham-ramblers.org.uk>)**

**SEPTEMBER CIRCULAR 2011**

1. **All rambles meet at the far end of Altrincham Station car park at rear of station .**
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property

**\*\*SUNDAY 28<sup>TH</sup> AUGUST - COACH TRIP TO ILKLEY (Change to walk details).**

'C' walk - Cat.4 5 miles Leaders - Joe Jones and Brian Warburton

We start along the river and walk to Nesfield, then to Austby, on to Middleton Woods and back to Ilkley

**SUNDAY 4TH SEPTEMBER - FAIRFIELD HORSESHOE - LAKE DISTRICT**

Leave 7.30 am 12.5 miles Cat.2 Transport: TBA

Leader Alan Gerrard 0161 980 7508

Park Cars Park in the large main car park, P&D £7, in Ambleside (GR NY375046) which is located at the far north end of town on the A591. Sharp left hand turn just after passing through the mini roundabout.

This is a classic Lakeland Fell walk with weather permitting, magnificent views. It is moderate to hard and involves a total of 3400ft of ascent. Our route is anti clockwise over Low Pike, High Pike, Dove Crag, Hart Crag to the summit of Fairfield at 2864ft. Return via Great Rigg, Heron Pike, Nabb Scar and a steep descent to Rydal Hall for refreshments before a short walk back into Ambleside.

PLEASE NOTIFY ALAN IF YOU WILL BE COMING.

**- SANDSTONE TRAIL, DELAMERE**

Leave 9.30 7.5 miles Cat.4/3 Transport £4.60

Leaders John Drinkwater and Judy Bailey: 969 1557 (mob on day 07762 178 935)

Park Cars Gresty Waste CP GR540686. A56, A556 then on the left after the A54 junction(0.4 Mile)

Taking the Sandstone Trail through forestry and over open pasture, following mostly distinct paths and a little country lane walking. Imposing views of the Cheshire flatlands and Beeston Castle can be seen from this route,

**WEDNESDAY 7<sup>TH</sup> SEPTEMBER - COACH TRIP TO GRASSINGTON**

The coach will leave The Downs, Altrincham at 8.00 am with the usual picking up places.

'A' walk 10 miles Cat.3/2. Leaders: John Drinkwater and Judy Bailey

Starting the walk from Threshfield to Skirethorns, passing Height House we cross Malham Moor to reach Conistone. Climbing up through the Dib, to reach Bycliffe Road and Kelber, we follow the paths via Bare House into Grassington. A really delightful walk.

"B" walk 6.5 miles Cat.3 Leaders : Keith Wykes (01625 618164) & Anna Bainbrigge (07786 796261)

This circular walk begins in the Coach Park (638 feet) descending to the spectacular Linton Falls (if in full spate) thereafter climbing to 919 feet skirting Cove Scar & the Site of Lea Green Mediaeval Village Settlement & its Field System; after which we descend to the R.Wharfe & Grassington via Bastow & Grass Woods (Nature Reserve & Restoration/Conservation Project). A moderate walk in fine limestone Upper Wharfedale country. N.B Maybe plenty of nettles!

'C' walk 5 miles Cat.4/3 Leaders: Joe Jones and Brian Warburton

Grassington to Linton via the Falls then from Linton to Thorpe via fields and lanes, and across fields to the suspension bridge and then along the riverside path back to Grassington.

At the time of writing there are still seats available. Please contact Janet Blinkhorn on 941 1634.

**NB: From 3<sup>rd</sup> September for any late bookings / cancellations, contact John Drinkwater on 969 1557 not Janet**

**WEDNESDAY 7<sup>TH</sup> SEPTEMBER - LYME PARK AND THE BOWSTONES**

Leave 9.15 8 miles Cat.3/2 Transport £2.80

Leaders Colin & Hazel Baldwin 980 5409 (Mobile: 0773 327 0371)

Park Cars Nelson Pit Visitor Centre GR 944834. From traffic lights in the centre of Poynton, take Park Lane. In about ¾ mile this becomes Coppice Road, and in a further ¾ mile, turn left into Shrigley Road North. The car park is then about 300 yards on right opposite Anson Road.

We ascend into Lyme Park almost to the hall, and follow the Gritstone Trail to the Bowstones. Then by Cornfield Farm, Moorside Hotel, Bollinhurst Reservoir to the North Park Gate, Ryles Wood, Barlow House Farm and back to the cars along the Macclesfield Canal.

**SUNDAY 11<sup>TH</sup> SEPTEMBER - ROWSLEY – BIRCHOVER - HADDON**

Leave 8.30 11.5 miles Cat.3/2 Transport £8

Leader Harry Hewlett 962 4869/ 07950 689777

Park Cars : Rowsley (Explorer OL24, GR 257 656): Enter the village via A6, turn right at the Peacock Inn into School Lane, pass by the Cauldwell Craft Centre travelling over the bridge, and park on the left of the road (nearby recreation ground) as it bears right.

Rowsley / Congreave / Stanton Moor / Birchover Quarry / Ivy House / Rocking Stone farm / Limestone Way – Robin Hood's Stride to Bradford / Bradford Dale / Alport / Haddon Hall / Bowling Green Farm / Bouns Corner / Rowsley

**- UPPER TAME VALLEY**

Leave 9.15 7 ½ miles Cat.3 Transport £6.00

Leader Elaine Hall 962 5422.

Park cars Brun Clough reservoir. GR 017 095

M60 – Jct.22 – A62 – Through Oldham for approx. 10 miles. CP on right.

Moderate hilly walk with some rough sections to Brownhill Countryside Centre. Return by Huddersfield Narrow Canal, then up to car park over Standedge tunnel by field foot paths and lanes.

**WEDNESDAY 14<sup>TH</sup> SEPTEMBER - TODMORDEN MOORS**

Leave 9.00 10 miles Cat.3/2 Transport £7

Leader Suzanne Caulfield 928 4838

Park Cars OL 21 GR SD955246. Lobb Mill Picnic Area. From Todmorden town centre follow A646 Hebden Bridge road for 1.4 miles. Car park on left at the end of railway arches. If full, parking available about 200 yards further on the right.

A shorter version of the 17th July walk. Walk to Devil's Rock and then onto the Calderdale Way to Great Bridestones. Then to Redmires Dam and Duke's Cut before Blackshaw Head and the descent through Jumble Hole. Return along the Rochdale Canal. Panoramic Moorland views, (weather permitting!)

**- KNUTSFORD**

Leave 9.30 7 miles Cat.4 Transport £2

Leader Dave Attwell 928 2124

Park cars Knutsford O/S 268. GR 766 787. Go through Ashley to Mobberley, at 4 ½ miles turn right, Knutsford sign, at Pepper Street. At 6 miles turn right B5085 to Knutsford. ¾ mile turn left into Longbridge Road. ½ mile pass the Falcon Bearer pub. Parking is 300 yds further on by playing fields. Bus stop. If from Knutsford take the B5085 Wilmslow road, and at one mile turn right at Longbridge Industrial Estate.

This walk is flatter than a cow pat. 25 stiles, lots for cows, and it could be very muddy.

**- RAMSBOTTOM TO BURY**

5 miles Cat 4/3 Leaders: Barry Rice 962 2377 and Giulio Poletti 962 7648

We propose to start by getting the metro to Bury on the first available tram after 10.00 am (don't forget your passes). On arrival in Bury walk through the bus station to the Memorial Square where the leaders will meet at approx 11.00. From there we will walk to the East Lancs Railway where we hope to catch a steam train scheduled for 11.45 to Ramsbottom. Cost of train £4.00 single - this is an estimate, we will try to obtain a group concession discount if there are sufficient walkers and we get agreement on the day.

A walk from Ramsbottom following the Irwell Valley Sculpture trail back to Bury

**SUNDAY 18<sup>TH</sup> SEPTEMBER - BARBER BOOTH**

Leave 0830 12 miles Cat.3/2 Transport £6.20

Leader Phil Worsley : 777 6013

Park Cars The free car park on the minor road approximately 0.5 miles west of Barber Booth at GR SK 107847.

This walk to the west of Barber Booth will initially travel via Manor House Farm and the Chapel Gate Track before turning north west and then north to continue by way of Bolehill Clough, Roych Clough and Oaken Clough. To complete the circuit we will then visit Swine's Back, Noe Stool, Crowden Tower and Grindslow Knoll before descending via Upper Booth to reach the cars.

**- RISHWORTH MOOR**

Leave 9.15 6 ½ miles Cat.3 Transport £5.80

Leader Frank Dockry 973 6617

Park Cars PC GR SD 983 143. Route M60 Join M62 going towards Leeds. Leave the M62 at Junction 22, at the end of the slip road turn right onto the A672. Go under the Motorway the car park is about a third of a mile on the right just after the lane to the radio mast.

We go over the motorway foot bridge then follow the Penine Way mostly uphill at the start. At the Pack horse track, those who want to could take a very short detour to see what is marked as the Roman Road on the OS map. We then go east then south past Green Withens Reservoir back to the cars. I can only remember two stiles.

**WEDNESDAY 21<sup>ST</sup> SEPTEMBER - SOUTH OF BUXTON**

Leave 09.15 10/11 miles Cat.2/3 Transport £5.40

Leader Jane Michael 07917 434598

Park Cars Grinlow Car Park (map ref SK 048720. (where leader will meet). Directions to Grinlow: take the Leek road (A53) from Buxton. Turn left (after the right turn to Macclesfield) signposted Harpur Hill and Longnor. The car park entrance is on the left not far after the turn. Payment is by honesty box near the toilets.

This is a circuit of 10/11 miles with 1500 ft of ascent starting from the Grinlow car park at including Solomons Temple, Deep Dale and views of industrial Buxton. Some parts of the walk are on steep rocky limestone paths which get very slippery in the wet. Return to Cars 4pm

- **LLANGOLLEN**

Leave 9.00 8.5 miles Cat.3/2 Transport £8

Leaders Elsie and Dean Edwards 962 3301

Park cars Llangollen Town Centre, Parade Street car park. GR 218 415

From Llangollen we make our way to Offas Dyke Path, Castle Dinas Bran, Abbey Cottage and Valle Crucis Abbey, on to Coed Hyrddyn hill and the Chain Bridge Hotel before making our way back to Llangollen along the canal Tow Path.

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**SUNDAY 25<sup>TH</sup> SEPTEMBER - COACH TRIP TO LLANBERIS**

The coach will leave from M&S, Sale at 8.00 am with the usual pick-up places.

'B' walk - 7 miles, Cat.3 - Leader: Beryl Hunwick

The walk starts in Llanberis and goes round the end of Llyn Padarn before getting to the old quarry hospital. We climb up through the woods to the road, and then over the fell (views!) to Brynrevail. From the river we keep, more or less, to the lakeside, back to Llanberis. A delightful walk, with variety and interest,

'C' walk - 5½ miles, Cat.4/3 - Leader: Margaret Ledger

This walk starts at Cefn Coed, on to main road from the coast, and has lovely views as we walk towards the mountains. From Deiniolen we cross the moor to Fachwen before dropping to Padarn Country Park, and on into Llanberis. Not long or demanding, but most enjoyable.

There are still seats on the coach. Please 'phone Margaret on 980 8340.

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**LAMALOAD RAINOW KETTLESHULME TAXAL EDGE CIRCULAR**

Leave 0830 12 miles Cat.3/2 Transport £4.45

Leader Steve Glover 750 6408

Park Cars I Lamaload Reservoir Car Park GR SJ977753

From Macclesfield, take the A537 Buxton Road. After approximately 3.5 miles turn left on a minor road, signposted Saltersford & The Goyt Valley. The car park is on the left 1.2 miles from the A537

A mainly high level circular walk visiting Rainow, Waggonshaw Brow, Summer Close, Charles Head Farm towards Kettlehume, Taxal Edge to Howlersknowl, Thursbitch and back to Lamaload. Return to Cars: 16.30

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**SUNDAY 28<sup>TH</sup> SEPTEMBER - CLWYD GATE**

Leave 9.00 10 miles Cat.2/3 Transport £8

Leader John Brownhill 980 1774

Park Cars In lay-by on the left of the A494 (Mold-Ruthin road), 1/4 mile past the Clwyd Gate Motel.

Post Code LL15 1YF. GR SJ160 585:

A good walk with fine views. Footpath north of the A497 to pick up the Offa's Dyke path which is then followed South to just short of the Radio tower near Nurse Fawr woods. We then head West to Graig, returning to the cars along field paths and country lanes. Return to Cars : 4.00

**RUSHTON TO WINCLE**

Leave 9.15 7 miles Cat.3 Transport £4.20

Leader: Frank Dockry 973 6617

Park Cars : Gritstone Trail CP by Knott Inn Rushton Spencer GR 935 624 on right off the A523 Macclesfield-Leek road soon after crossing the River Dane.

Over the rolling hills to the west of Wincle and through the woods of the Dane valley. The route is over fields, field paths and tracks and there is a steep uphill and downhill and a flight of steps. If a wet period there may be a muddy section – a stile(ish) walk. Return to cars: 3 pm

- **FRODSHAM**

Leave 0930 6 miles Cat.3/4 Transport £3.20

Leaders Brian Warburton and Joe Jones 928 7087

Park cars Castle Park CP (GR 513 773). Travel via M56, leave at exit 12 – Follow Frodsham signs into town centre (A56). At far end of town centre the A56 bends left and passes under railway bridge. Car park is on left (hidden from road by foliage).

One gradual climb up Overton Hill. We continue to Fivecrosses via quiet lanes and field paths, returning to Frodsham along the Weaver towpath and the hamlet of Bradley.

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### **LEADERS WANTED**

#### **SUNDAYS**

Contact Mike Gregory 01625 614211 ('A' walks),  
Derrick Hamer on 969 3821 ('B' walks).- 2<sup>nd</sup> & 16<sup>th</sup> October. Anne Macaulay 'C' walks – All dates.

#### **WEDNESDAYS**

'A' walk - October 19th 'B' walks - October 5<sup>th</sup> & 26<sup>th</sup>

Contact John Drinkwater 969 1557

### **FUTURE EVENTS**

#### **SUNDAY 9<sup>TH</sup> OCTOBER - COACH TRIP TO BISHOP'S CASTLE**

'A' walk - 10½ miles Cat.3 - Leaders: John Drinkwater and Judy Bailey

'B' walk - 6½ miles Cat.3 - Leaders: Heather Wykes and Derrick Hamer

'C' walk - 5 miles Cat.4 - Leader: Margaret Ledger

Book with Margaret Ledger (980 8340) 14, Tanyard Drive, Hale Barns, Cheshire. WA15 0BS with a cheque for £10 made payable to ALTRINCHAM RAMBLING CLUB.

#### **THURSDAY 20<sup>TH</sup> OCTOBER - ANNUAL GENERAL MEETING**

7.30 PM at All Saints Church Hall, Hale Barns.

### **SOCIAL EVENTS**

THURSDAY 29<sup>TH</sup> SEPTEMBER - Trafford College Lunch - 12 noon Cost £10 3-course meal with coffee - Five places available. Please arrive no later than 12 noon at Aspires Restaurant. Call Heather on 01625 618782.

TUESDAY 4<sup>TH</sup> OCTOBER - Caving for Beginners by Derbyshire Caving Club - £6 on day. Meet 6.45 pm on Wizard car park. If you would like to join our party please book with Heather.

SATURDAY 15<sup>TH</sup> OCTOBER – Quiz and Table Games with supper at Timperley Village Hall Tickets £3.50 now available from Mike Kenyon 928 6752 and Derrick Hamer 969 3821. A good evening with lots of exciting prizes and raffle to be won (promise !)

WEDNESDAY 30<sup>TH</sup> NOVEMBER - Pre-Christmas Lunch - The Hanging Gate, Chapel en le Frith.

We now have the confirmation and costing for the Hanging Gate pre Christmas lunch and singalong.

The cost this year is £12.95 excluding tip. We can now take bookings. Cheques made out to Ken Preston, 212 Glebelands Road Sale M33 6PB. If you would like to include a tip we will see that the staff get it or if you would prefer to hand it in yourself on the day that is OK. We usually do a short walk in Whaley Bridge before lunch. Ken Preston 973 0616

SATURDAY 3<sup>RD</sup> DECEMBER - Scottish Nite. – Tickets available shortly.

SUNDAY 11<sup>TH</sup> DECEMBER - BLAZE FARM - WALK AND LUNCH

A short walk followed by a very full Christmas lunch at Blaze farm – Wildboarclough. Cost £12.

Leader – Heather Wykes - 01625 618782. Cheques to H V WYKES - 30 Langdale Close, Macclesfield, SK11 7YS

SATURDAY 31<sup>ST</sup> DECEMBER - New Years Eve "Special Edition"

### **NEXT COMMITTEE MEETING**

7.30 pm on Tuesday 6<sup>th</sup> September at Timperley Community Centre, Park Road, Timperley.

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