

ALTRINCHAM & DISTRICT RAMBLING CLUB

(<http://www.altrincham-ramblers.org.uk>)

OCTOBER CIRCULAR 2008 plus AGM & Membership renewal Information

1. **All rambles meet at the far end of Altrincham Station car park at rear of station .**
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property

****SUNDAY 28TH SEPTEMBER - REDESMERE**

Please note slight change to transport / parking details:

Cost of transport is now £2.25. Parking: Follow A34 past Monks Heath to Siddington. Turn left into Redesmere Lane – the 2nd turn after Monksheath crossroads on A34

WEDNESDAY 1ST OCTOBER - PRESTBURY, BOLLINGTON & TYTHERINGTON

Leave 9.15 12 miles Cat.3/2 Transport £2.10. Leader: Keith Wykes 01625 618164

Park cars: Corner of Abbey Road & Cartmel Close, Macclesfield GR 908749 Take B5087 Alderley Edge road towards Macclesfield and at Upton Priory Cross Roads (look out for 30mph signs & hidden SP on left) proceed straight ahead SP Macclesfield & after 1 mile approx take 3rd L. into Bollinbrook Road; straight ahead taking 90 degree R.H.bend (Westminster Wine) & shops on left; 2nd left into Abbey Road at Pack Horse Bowling and Social Club Sign). Straight ahead on Abbey Road until Cartmel Close CP is met (1st on R) and where leader will meet.

Return to cars: May be post 1700 hrs.

Apart from a stiff climb up to, and returning from, the 360 degree panorama viewing point of Nab Head, Bollington and an awkward downflight of steps our route traces the gently undulating and flat contours of Prestbury and Bollington Parishes and the flanks of White Nancy.

- CONGLETON EDGE AND MOW COP

Leave 9.15 8 miles Cat.3 Transport £3.30 Leaders: Colin and Hazel Baldwin 980 5409.

Park cars: Biddulph Grange Visitor Centre CP. GR 893594. Take A527 south from Congleton towards Biddulph for 3 miles. Turn left at the Biddulph Grange Garden National Trust sign, but do not enter the NT property. Carry on up the hill for 200yards or so and turn right into Biddulph Grange Visitor Centre Car Park.

Biddulph Valley Way (old railway line) to Whitemoor. Ascend and follow Congleton Edge via Nick i' th' Hill to Mow Cop. Then past Tower Hill Farm and return to the cars along another section of the Biddulph Valley Way. Good views in fine weather. Some muddy parts and the odd awkward stile.

SUNDAY 5TH OCTOBER - WHITE EDGE CIRCULAR

Leave 8.30 13 miles Cat.3/2 Transport £6 Leader: Julia Corbett 976 2935

Park cars: Park Cars : Haywood National Trust car park SK256 778

Left off A625 after Froggatt village and just before Grouse Inn £2 CP charge (Free with NT card)

Car park to Froggatt Bridge, then to Stoney Middleton and Calver via Coombs Dale, over Calver Sough to Curbar Edge, Eaglestone Flats, White Edge and back to car park, passing Grouse Inn

- CROSTON

Leave 9.30 7 miles Cat.4 Transport £5.25. Leader: Elaine Hall 962 5422

Park cars: CP beside Health Centre. GR 492186. M6 Jct.27, left onto A5209 - immediate right. onto B5250. Through Eccleston over bridge. Left SP Croston to A581 which bears left after Wyvale Garden Centre. At Croston village green right to CP behind Lord Nelson PH.

We walk by river Douglas, Yarrow, Lostock and Leeds Liverpool Canal and across reclaimed marshlands. Some stiles.

WEDNESDAY 8TH OCTOBER - BLACKBURN – WITTON

Leave 9.15 9 miles Cat.3 Transport TBA. Leaders: Jack Garstang 980 6349 & Laurie Culledge 941 1133. Route: M60 N, M61. Leave at junction 8 and follow A674.

Park cars: Large free car park at the entrance of Witton Country Park, off Preston Old Road A674. One mile from Blackburn town centre. GR. 663 273.

From Witton CP to Leeds – Liverpool canal. Along river Darwen and follow Witton Weavers Way back to car park.

FROGGATT EDGE / CURBAR EDGE

Leave 9.00 7 ½ miles Cat.3/2 Transport £6. Leader: Anne Brooker 973 2179

Park cars: Grindleford Station approach (also known as Upper Padley station).

Route – A6 to Chapel-en-le-Frith, then A623 to Stoney Middleton, then B6001 to Grindleford. Follow B6521 out of Grindleford. Station is on the left about ½-mile beyond the village. Meet at station café (bottom of station approach, for pre-walk coffee stop!).

A very scenic, mostly flat walk along Froggatt Edge and Curbar Edge to Curbar Gap, returning at a lower level, through Bee Wood, and field paths back to the road. From the car park there is a gradual terraced climb up to the edge, passing through Hay Wood (about 30 mins), and half-a-mile of uphill road walking at the end of the walk, nothing difficult.

- SALE WATER PARK

Meet Dane Road Station 10.00 am. 2.2 miles Cat.4. Leader: Evelyn Norris 969 9656.

Morning amble around Sale Water Park. Bring binoculars. This is a 'trial run' to see whether those who can no longer manage the usual walks would be interested in short strolls, hopefully without difficult stiles and lots of mud.

SUNDAY 12TH OCTOBER - COACH TRIP TO BOLTON ABBEY

The coach will leave The Downs, Altrincham at 8.00 am with the usual pick-up places.

'A' walk – 9 miles. Cat.3/2 – Leader: Margaret Ledger

This is a delightful walk, climbing from the valley to Hammerton Gate and over the heather moors to Hazelwood Moor and Witchey before reaching Ling Chapel. From Beamsley we follow Kex Beck ravine before emerging at Bolton Bridge.

'B' walk - 8 miles Cat.3 - Leaders: Heather Wykes and Derrick Hamer

A lovely varied walk up on to moors (with wide views) through woods, and by riversides. Ups and downs, but nothing difficult.

'C' walk - 5 miles, Cat.3/4 – Leader: Edna Adderley

From the Abbey we climb to Storiths and follow through fields to Hazelwood and Kex Gill before dropping into Wharfedale at Beamsley. A short, but varied and interesting walk.

At the time of writing, the coach is full but ask about cancellations nearer the time (980 8340).

SUNDAY 12TH OCTOBER - WHALLEY

Leave 8.30 13 miles Cat.3/2 Transport £6. Leader: Julia Corbett 976 2935

(07970 146 615 on day) Park cars:: Spring Wood picnic site. GR.742 362. Travel towards M65, and pass under it. At Padiham take Lt on A671. Spring wood is on Rt at traffic lights with the junction of the B6246 to Whalley.

Come and join Julia walking from the historic Spring Wood to Whalley, Moor Lane, Dean Clough Res, Read Hall and travelling towards Sabden and Wiswell and return to cars.

WEDNESDAY 15TH OCTOBER - WALTON / DARESBUY

Leave 9.30 8 miles Cat.4/3 Transport £2.70 Leaders: Joan Howarth 962 0301 and Dorothy Stelfox 973 0370. Park cars: Walton Hall Gardens CP (P&D). Where leaders will meet. Turn off A56 at Walton Arms PH.

Canal walk from from Walton through Moore on to Keckwith Hill, then on to Daresbury and via field paths to Hatton and back to Walton Hall

- **MARPLE BRIDGE / BROOK BOTTOM**

Leave 9.40 6½ miles Cat.4/3 Transport £2.40 Leaders: Anne Macaulay 941 2976 & Barbara Cartledge 928 9754. Park cars: Brabyns CP opposite Marple railway station (NOT Rose Hill). GR.964 893

From Marple Bridge to Bottoms Hall, then through woods to Linnet Clough, across a golf course, then through the hamlet of Brook Bottom. We pass beneath Strines station bridge on a steepish cobbled road. After crossing the graceful Roman packhorse bridge we take the steps to climb up through woods to join the Upper Peak Forest Canal, then eventually the Macclesfield canal which takes us back to Marple Bridge. No stiles but a lot of steps.

SUNDAY 19TH OCTOBER - CHINLEY, SOUTH HEAD

Leave 8.45 11 miles Cat.3/2 Transport: TBA. Leader: Judith Wainwright 928 8453.
Park Cars: At war memorial in Chinley, turn left and park immediately. (At side of railway) SK041827 Cracken Edge; Hills Farm; Foxholes Clough; Peep o Day; Mount Famine; South Head; Shireoaks; Dewsnaps; Alders Farm

- **TEGG'S NOSE**

Leave 9.30 8.5 miles Cat.3 Transport £3.00 Leader: Judy Bailey 928 1156
Park Cars : Tegg's Nose Country Park GR 950 733
Leave Macclesfield on the A537 (Macclesfield to Buxton Rd) after about 1 mile turn right onto Buxton Old Road. CP on right approx. 1.25 miles. Pay + Display £1.50 to be shared

From the CP follow Gritstone trail to Bull Hill Lane, Kerridge Hill, Kerridge Ridge and White Nancy. Good views on a fine day. Steep steps down from White Nancy, then onto Waulkmill Farm, Hordern Farm and Gulshaw Hollow. Down to Tegg's Nose Reservoir then steep climb up to disused quarries and back to CP.

MONDAY 20TH OCTOBER - QUIZ AND HOTPOT SUPPER

7.30 pm prompt at Timperley Village Club, Stockport Road, Timperley. Hotpot and Apple pie supper followed by a Quiz by Margaret Ledger. A fun night out. Tickets £7.50p.
Contact Doreen Aldridge Tel:- 0161 973 4370 for availability

WEDNESDAY 22ND OCTOBER - LOWER SLOPES OF KINDER

Leave 9.15 7½ miles Cat.3 Transport £3.15 + P&D. Leaders: Jacqueline Latham 962 3972, Vi King 962 2782 and Pam Baxandall 973 6652.
Park cars: Sett Valley Trail CP, Hayfield. GR 036 869. Take the A6 through Stockport and Disley until you reach the New Mills / Hayfield lights. Turn left onto the A6015 to Hayfield.

Follow the river to Bowden Bridge out into open country to view the Kinder plateau. Uphill at this stage to be taken gradually over Broad Clough, Harry Moor and Stoney Ford. Descend to Hayfield via Coldwell Clough. Fantastic views if weather is kind. No dogs please.

SUNDAY 26TH OCTOBER - PYM CHAIR CIRCULAR

Leave 8.45 11.5 miles Cat.2/3 Transport £3.60 . Leader: Phil Worsley 777 6013
Park Cars : Free public car park at Pym Chair, 2 miles south of Kettlethulme at GR 995768

An Autumn circuit above the reservoirs of the Goyt this walk will, wherever possible, track the higher ground and will call at Cats Tor, Shining Tor, Wild Moor, Wythen Lache, Fernilee and Windgather Rocks

- **BOLLINGTON**

Leave 10.00 6½ miles (can very easily be cut shorter or extended). Cat.4 Transport £2.40
Leaders: Joyce Hausaman and Mike Kenyon 928 6752.
Park cars: A523. North from Prestbury or south from Adlington. East into Holehouse Lane, through Whiteley Green to Holehouse Lane car park at Rushmere Close at Middlewood Way / Macclesfield canal. GR 927 789 (where leaders will meet)

A 'flat' walk but with good views as the area suggests, e.g. White Nancy, Bollington (Adlington / Macclesfield – Middlewood Way / Macclesfield canal).

TUESDAY 28TH OCTOBER - ANNUAL GENERAL MEETING

Starting at 8.00 pm at All Saints Church Hall, Hale Barns. The following members of the committee will not be standing again: Eric Stuffs (President), Sylvia Fantom and Pam Floyd (Wednesday coach trip organisers) and Brian Warburton (Wednesday Rambles organiser). Nominations for these or any position on the Committee (duly proposed and seconded and agreed by the nominee) may be sent to the General Secretary, Libby Malin 2, Rose Avenue, Irlam, M44 6ZE or may be submitted at the AGM. Members are reminded that 2008/9 subscriptions are now due, see attached form.

WEDNESDAY 29TH OCTOBER - FRODSHAM

Leave 9.30 7¼ miles Cat.3/4 Transport £2.40. Leaders: Brian & Shirley Warburton 928 7087
Park cars: Castle Park CP (GR.513 773). Travel via M56, leave at exit 12. Follow Frodsham signs into town centre (A56). At far end of Main Street, the A56 bends left, passing under railway bridge. CP is on left (hidden from road by foliage, but signposted).

Gradual climb up Overton Hill, from Castle Park, taking us to Five Crosses and returning to Frodsham along the bank of the river Weaver and pleasant field paths.

LEADERS WANTED

SUNDAYS 'A' walks - 7th December onwards. 'C' walks - All dates.
Contact Mike Gregory 01625 614211 ('A' walks), Derrick Hamer on 969 3821 ('B' walks), Joe Jones 973 2019 ('C' walks).

WEDNESDAYS

NOVEMBER - 5th 'A', 'B' & 'C', 12th 'B' & 'C', 19th/26th - 'A', 'B', 'C' Contact Brian Warburton 928 7087

FUTURE EVENT

SUNDAY 7TH DECEMBER - CHRISTMAS WALK & LUNCH.

Leader: Heather Wykes. Tel. 01625 618782.

A two mile walk followed by a Christmas lunch at Blaze Farm, Wildboardclough. Cost: £11.
Cheques should be made payable to 'H Wykes' and sent to: 30, Langdale Close, Macclesfield, Cheshire. SK11 7YS.

FORTHCOMING SOCIAL EVENTS

SATURDAY 8TH NOVEMBER at 7.30 pm prompt - Autumn Hoedown.

To be held at The Larkhill Centre, Thorley Lane, Timperley. Caller Jean Seymour.

A Fun Night. Tickets £8.00 (light supper included) Contact Doreen Aldridge 0161 973 4370.

SATURDAY 6TH DECEMBER 2008 from 7pm prompt to 11pm Christmas Party,
at All Saints Church Hall, Hale Barns.

An evening of Fun & Games. Buffet Supper served at 8.30pm. Father Christmas in attendance (don't forget your present for his sack, unisex, value £2 approx and suitably wrapped) Tickets Price £7.50p available from Doreen Aldridge Tel 0161 973 4370, Connie Jones Tel 0161 973 2019, Barry Rice Tel 0161 962 2377.

WEDNESDAY 31ST DECEMBER 2008 at 7.30pm for 8pm New Years Eve Party,

At All Saints Church Hall, Hale Barns.

Come along and join in the fun and let the New Year in with friends. Hotpot Supper served at 8pm prompt. Please bring a sherry glass for the New Year Toast. Tickets £8.50p available from Doreen Aldridge Tel 0161 973 4370, Connie Jones Tel 0161 973 2019, Barry Rice Tel 0161 962 2377.

NEWS OF MEMBERS

We are pleased to report that Una McDermott has successfully undergone her second hip replacement op. We send our best wishes to Una who is now walking quite well and hopes to join us on the club walks before too long.

Many members will remember Flo Balmforth who due to health problems has not walked with us for some time. We are sorry to report that Flo has recently died. Her funeral took place at Altrincham Crematorium.

GET WALKING KEEP WALKING PROJECT

The Ramblers' Association invite volunteers for Route Development and Route Checking in urban Manchester as part of the **Get Walking Keep Walking** project. Anybody interested please contact Roger Parker on 980-2340 or e-mail roger@rparker7.orangehome.co.uk

NEXT COMMITTEE MEETING

7.30 pm on Tuesday 23rd October at Timperley Community Centre, Park Road, Timperley.

Programme Secretary
Anne Macaulay
0161 941 2976

Programme Distribution
Edna Adderley
0161 980 7753

ALTRINCHAM & DISTRICT RAMBLING CLUB

Renewal of Membership for 2008/2009

Annual membership subscriptions are due after the AGM, but may be paid in advance if you wish. Subscriptions have to be paid by 12th December at the latest for delivery of your circular to be maintained. Subscriptions are £5.00 p.a. for a single member and £8.00 p.a. for more than one member, all living at the same address, and all sharing a single circular. Note that there is now an option to pay for 5 years or 10 years if you wish. Your receipt will be attached to the 2008/2009 membership card and should be sent with the December circular. You do not need to send a stamped addressed envelope.

If at present you have your circular posted, rather than delivered by hand, please add a £3.00 p.a. voluntary donation to cover postage costs.

N.B. If you have already sent a Banker's Standing Order for annual payment, your address is the same and you wish to continue membership in the coming year, or you are a 5-year or 10-year member having paid the relevant subscription, NO ACTION IS REQUIRED EXCEPT YOUR SIGNATURE THAT YOU HAVE READ AND ACCEPT THE CLUB HEALTH AND SAFETY POLICY,

(Also you may wish to record an e-mail address not previously notified)

If you wish to start paying by annual banker's order, please ask the Hon. Treasurer (Tel. 0161-980 2340, or e-mail roger@rparker7.orangehome.co.uk) for a form.

If you do not want a circular as you always obtain the walks programme from the club's website, please tick the box indicated.

Cheques to be made payable to **ALTRINCHAM RAMBLING CLUB**. Please do not staple your cheque.

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To the Hon. Treasurer, Roger Parker, 92, Woburn Drive, Hale, Altrincham, Cheshire WA15 8NE.

I/we wish to renew my/our membership and enclose my/our subscription.

I/we do not wish to renew my/our membership.

Please tick this box if you do not want the club circular as you always use the club website.

I/we have read and accept the Health and Safety Policy of the club. (All members to sign)

A copy is also available in the Members Area on the Club Website

	£	p	<u>Health and Safety Policy Acceptance Signature(s)</u>
Annual Subscription			
5 Year Subscription			
10 Year Subscription			
Postage donation (if applicable, £3.00 p.a.)			
General Fund donation (if desired)			
Rucksack Badge (if required, £1.00)			
Total enclosed			

<u>Name(s)</u> (Initials and Surname in BLOCK letters please)	<u>Forename or Diminutive</u>	<u>Signature</u>
1. Mr/Dr/Mrs/Miss/Ms etc		
2. Mr/Dr/Mrs/Miss/Ms etc		
3. Mr/Dr/Mrs/Miss/Ms etc		
4. Mr/Dr/Mrs/Miss/Ms etc		

Address:.....

.....Post Code.....

Telephone number:.....Date:.....

E- Mail:.....

ALTRINCHAM & DISTRICT RAMBLING CLUB
Constitution and Rules: Notice of Motion
Proposed Amendments 2008

3. MEMBERSHIP

Sub-clause 3 (b) to read:-

(b) Persons under the age of 18 years shall not be accepted as members.

Sub-clause 3 (d) (iii) to read:-

(iii) A guest of a member shall not participate in club walks on more than three occasions.

Sub-clause 3 (d) (iv) to be renumbered 3 (d) (vi).

New sub-clause 3 (d) (iv) to read:-

(iv) Any guest under the age of 18 years at any event must be accompanied by the responsible club member.

4. SUBSCRIPTIONS

Clause 4 to be renamed **SUBSCRIPTIONS**

The existing text headed ANNUAL SUBSCRIPTION to be a sub-clause numbered

4 (a) **Annual Subscription.**

New sub-clause 4 (b) **Joining Fee**

(b) The Joining Fee shall be determined at the Annual General Meeting and shall become due for all new members elected after the meeting.

New Clause 12 to read:-

12. HEALTH AND SAFETY POLICY

It is the sole responsibility of each member to be fully conversant with the Club's Health and Safety Policy. All members must sign to confirm that they have read and accept the policy.