

ALTRINCHAM & DISTRICT RAMBLING CLUB

(http://www.altrincham-ramblers.org.uk)

NOVEMBER CIRCULAR 2006

1. All rambles meet at the far end of Altrincham Station car park at rear of station.
2. Decision to cancel or change a ramble is taken at Altrincham.
3. Dogs (on a lead at all times) only taken with prior permission of the leader.
4. Addresses of organisers are in the Membership Card. Cheques to be made out to ALTRINCHAM RAMBLING CLUB.
5. Number of walkers and names of guests should be notified to the walks organiser.
6. The Club will not be responsible for any personal injury or loss or damage to personal property.

WEDNESDAY 1ST NOVEMBER - BURY, KNOWL MOOR

Leave Altrincham Metro Stn, 8.45 sharp. 10.5 miles Cat.3/2. Transport: £3. (if by car),

Leaders: David Atwell 928 2124 and Ron Goodman 945 0198.

Park cars: The Rock, GR.809 119 (O.S 109), opp. Bury Fire Station. P&D £3.50.

OR Take A56 Walmersley Road to Edenfield for ¼ mile, take 7th turning on right – Chesham Rd – ¼ mile is Chesham Park. Park by Oram Street near entrance to park. GR. 8112.

For those using tram meet Altrincham Stn platform no later than 8.40. We leave Bury Stn by 9.50 to meet up with the cars Fire station 10.00 - then Chesham Park 10.15. Remember – Clocks have gone back.

Over M66 – Walmersley Golf Course – Dunham Farm – The Chimney. Stand Lees farm, Ashworth Reservoir – Cross A680 – Knowl Hill. From Bury this is a steady climb of 1000 ft. to the top (5 ¼ miles). On top it will be cold and very windy and very wet underfoot. No dogs please If weather bad we will use some common sense. Return is nice and easy. Why not let the tram take the strain! Return to cars - 4 pm.

- HIGHER POYNTON / LYME PARK

Leave 9.45 6 miles Cat.3. Transport £2.70. Leader: John Chapman 962 3758.

Park cars: Nelson Pit car park, Higher Poynton. GR. SJ 945 234.

Into Park via Elmershurst Lodge. Through Park and return via Green Farm.

SUNDAY 5TH NOVEMBER - HOLLINGWORTHALL MOOR

Leave 8.45 11 miles Cat.3/2. Transport £2.55 Leaders: Ian & Josie Stenhouse 926 8446

(mobile 07981 254528 (on the day). Park cars: At roundabout at end of M67, take 1st exit at "Grange Farm Feeds" sign. GR.984 954. Limited parking on road – additional parking 100m away on A57 to Hyde at Sandpits Business Park. No toilets.

From Grange Farm via Harrop Edge and Matley to Walkerwood Reservoir. Then via Higher Hydegreen across moors to Swineshaw Reservoirs. Round Lees Hill to join Pennine bridleway past Higher Bank, then to Arnfield and Devils Bridge across fields. Climb up to Pack Saddle and then cross Hollingworthall Moor and return via Moorside Farm, Hardtimes Farm, Mottram Old Hall and Edge Lane to Grange Farm. A varied walk with great views – weather permitting.

- WHIRLEY- LEES WOODS

Leave 10.00 6 ½ / 7 miles Cat.3/4. Transport £1.50. Leader: Alan Thorpe

Park cars: National Trust CP Pay & Display, adjacent to The Wizard Inn (cost to be shared).

Via field paths to Daniel Hill skirting Hare Hill grounds. Woods to Fallibroome farm, 2/3rds-mile road walk to Whirley, then via Chorley Hall and Lees Woods back via Findlow Hill and cars for 4.30

WEDNESDAY 8TH NOVEMBER - NORTHWICH TO MARSTON

Leave 9.30 8 miles Cat.4. Transport £2.10. Leaders: Joan Howarth 962 0302 and

Dorothy Steffox 973 0370. Park cars: Northwich railway station (where leaders will meet). (Take A559 then immediately left after Tesco sign and station car park is beyond Tesco filling station).

This walk, both urban and rural takes in many of the industrial and transport history sites of Northwich, then follows the canal in the area of the Anderton Boat Lift. There are two stretches on footpaths alongside fairly busy roads.

SATURDAY 11TH NOVEMBER - AUTUMN SQUARE DANCE AND HOEDOWN

To be held at The Larkhill Centre, Timperley. From 7.30 to 11 pm.

SUNDAY 12TH NOVEMBER - UPPER GOYT

Leave 8.45 12 miles Cat.3/2. Transport £3.45 Leader: David Siddall 973 1706.
Park cars: Pym Chair SJ 996 767. Return to cars: 4.00.

Windgather, Overton Hall farm, Overhill, White Hall, Burnsall Cob, Stake Clough, Shining Tor.

- ASTBURY

Leave 9.30 6 miles Cat.4. Transport £3.15. Leaders: David Stonehewer 962 6450 and Pamela Mitchell 998 5966. Park cars: A34 Bents Lane Astbury. Lane on right just before left turning for village. Follow Bents Lane, go over cattle grid, park on verges on left.
Map.118. GR 843 619.

Edge of village, Watery Lane aqueduct, Macclesfield canal, Oldhouse Green, Little Moreton Hall, Sandy Lane, Brownlow.

WEDNESDAY 15TH NOVEMBER - GLAZEBROOK TRAIL (part 2)

Leave 9.15 8 ¼ miles Cat.4 Transport £1.80. Leader: Dave Attwell 928 2124.
Park cars: By Raven Inn PH. OS map 109. GR. 675 967. Warburton Toll. GR.6989 Rt at A57, L.. at B5212 to Leigh for 4-miles – Rt A574 – Raven PH is 3 / 4 miles.

This walk is flat - 20 gates-stiles - bridges. From Raven PH over Glazebrook then follow trail via Windybank Woods – Hawkhurst farm, cross A580 - Sandy Pool farm – sewerage works – Leigh RUFC – over A579 – Pennington Flash 5 ¼ miles. Lunch. Return over A579 – Yates farm, New Carr House – under railway bridge at Carr Bridge. Back to the cars. Note: I have measured the walk with a surveyor wheel. Some places were very wet.

SUNDAY 19TH NOVEMBER - PEAK DISTRICT / GOYT VALLEY

Leave 8.45 11 miles Cat.2/3 Transport £3.75. Leaders: Angela & Roy Hilton 928 2095.
Park cars: Pym Chair car park, near Kettleshulme. SK 995 768.

From Pym Chair descend Goyt Valley, old railway track, Burbage Edge, Derbyshire Bridge, Cat & Fiddle, Shining Tor, Cat's Tor.

- BOLLINGTON / KERRIDGE

Leave 9.30 6 ½ miles Cat.3 Transport £2.55. Leader: Heather Wykes 01625 618782.
Park cars: From the A523 – Poynton to Macclesfield road, take the B5090 or B5091 into Bollington. Continue through to pass under the arches for the Middlewood Way and Macclesfield Way. At Palmerston St. watch for Spinners Arms on right where car park is on left and leader will meet.
GR. 935 779.

Bollington, Ingersley Vale to Rainow, from here is a steep climb up Kerridge Hill. A downhill walk to the Swanscoe farms. Walking hereon is flat back to Bollington.

WEDNESDAY 22ND NOVEMBER – PRESTBURY / MOTTRAM HALL

Leave 9.30 6 miles Cat.4 /3. Transport £1.95 Leader: Derrick Hamer 969 3821.
Park cars: Public car park at the rear of Admiral Rodney in Prestbury off A538. GR.902 772.

Prestbury – Legh Hall, Mottram Hall and Bollin Valley. Numerous stiles.

SUNDAY 26TH NOVEMBER - HASLINGDEN / HELMSHORE

Leave 8.30 10 miles Cat.3/2. Transport £4.50. Leader: Harry Hewlett 962 4869.
Park cars: Clough Head CP (GR. 751 231). A6177 Grane Road. (NB. Explorer Map 19 shows road number as B6232).

Rossendale Way (Nab Hill – Haslingden Grane), Musbury Heights, Clough Head, Causeway End, Rossendale Way (Barnes Height – Great House), Tor End, Kiln Field, Holden Wood Reservoir, Holden Hall, Hutch bank, Rossendale Way to car park.

- KINGSLEY & FRODSHAM

Leave 9.30 7 miles Cat.4/3. Transport £3.30. Leaders: Mike Jones & Janet Blinkhorn 941 1634
Park cars: Kingsley Community Centre (GR. 550 748). M56 to junction 12, then follow Frodsham signs towards town centre. Just after footbridge over A56 take left turn B5394 (Fluin Lane) signposted Kingsley/Tarporley. At top of road turn left onto B5152 (Church St). After passing Lady Heyes Craft Centre take left turn (opp. garage) onto B5153 signposted Kingsley / Northwich. Take right turn after church on left and follow car park signs.

Kingsley, then field paths to Peel Hall, Hatley farm, Top Road, Frodsham Hill, Townfield Lane and back via field and riverside paths to Catton Hall.

WEDNESDAY 29TH NOVEMBER - UTKINTON AND KELSALL

Leave 9.15 8 miles Cat.3. Transport £3.60 Leaders: Colin and Hazel Baldwin 980 5409.
Park cars: Grestys Waste CP. GR.540 687. Follow A556 past Northwich and Sandiway.
Car Park is on the left about 300 to 400 yards after the junction with A54.

A walk on field paths, tracks and roads giving views at times in all directions. Skirting Eddisbury Hill, over Harrow Hill then by the Sandstone Trail to Summertrees. Boothsdale and Primrose Hill Wood. Some steep but short ascents, finishing with 63 steps up to the car park

- RODE HEATH

Leave 9.30 7 miles Cat.4. Transport £3.60 Leaders: Brian & Shirley Warburton 928 7087.
Park cars: Old Knutsford Rd, Rode Heath (GR.812 563). Leave M6 at J.17, turn left on to A.534 and right onto A50. Old Knutsford Rd is on left of A50, just beyond junction with A533 (almost into Alsager). Park near as possible to canal bridge. Plenty of spaces.

A short walk along the Trent & Mersey canal takes us to Church Lawton, followed by field paths and quiet lanes to Rode Mill and Boden Hall. We return via a stretch of the South Cheshire Way and the Trent and Mersey canal. Optional canal-side pub stop, half a mile from finish of walk.

LEADERS WANTED

SUNDAYS - December - 'A' walk for 3rd .
Contact Derrick Hamer on 969 3821

WEDNESDAYS - December - 'A' walks for 13th, 20th, 27th
'B' walks for 6th, 20th, 27th
'C' walks for 6th, 20th, 27th

Contact Brian Warburton 928 7087

FUTURE EVENTS

SATURDAY 9TH DECEMBER 2006 - CHRISTMAS PARTY

To be held at the Larkhill Centre, Timperley from 7.00 pm to 11 pm.

Tickets: £6.00 (Buffet supper included) from Ron Howarth (973 8633), Robert Fysh (980 3091), Joan Holmes (962 4780), Doreen Aldridge (973 4370).

WEDNESDAY 13TH DECEMBER - CHRISTMAS LUNCH AND WALK

Cheadle Hulme - Four miles, Cat.4. Town and country walk - Mickerbrook / Ladybrook Valley.
Lunch at Bruntwood Park, Cheadle Hulme (North). Book lunch with Betty Hollinshead 432 1761 or Joan Smyllie 998 6596.

SUNDAY 31ST DECEMBER 2006 NEW YEARS EVE PARTY

At Timperley Village Hall. Tickets £7.50 - available from NOVEMBER 1st from Ron Howarth Robert Fysh, Joan Holmes, Doreen Aldridge .

50TH ANNIVERSARY CELEBRATION MEAL

We have been in contact with the Masonic Hall regarding the very poor standard of catering provided by their caterers. They have apologised and agreed to a refund of £5 per person. This will be distributed as soon as possible. We hope that this may, at least help to ease the disappointment felt by members, on this very special occasion.

We would like to thank Gladys Pritchard for making the celebration cake. Colin Jeffrey for the printing of tickets and menus and Alan Edwards for the display of memorabilia. - Doreen Aldridge

The Club would like to thank Doreen for organising this very enjoyable evening.

FROM GILLIAN WETTERS, daughter of the late Russell Marsh, the Club founder.

"Allan and I would like to thank you all, and especially the wonderful organisers of the 50th Anniversary of the Club for such an enjoyable evening. It was lovely to see so many faces we recognised, and catch up with so many life-adventures that friends had had since we last saw them. ...Dad would have been most gratified to see how well the Club has thrived"

GOODWILL SECRETARY

During Erica's absence on holiday, would all members please inform Heather Wykes of occasions where they think that it would be appropriate to send a member a card for any reason. This would be until January 2007 when Erica will resume her role. Heather's telephone number is 01625 618782.

NEWS OF MEMBERS

SUKURMAR GHOSH thanks members for their get-well cards and goodwill messages during his recent stay in hospital. Sukumar hopes to be walking with us again in the New Year.

We thank DOROTHY HOPKIN who has kindly presented the Club with four books on walking. The titles are : Parks in the Peak, Walking in Derbyshire, Ten Good Walks, Ordnance Survey – Walkers Britain. The books are provisionally held by Mike Gregory.

NEXT COMMITTEE MEETING

7.30 on Tuesday 7th November at Timperley Community Centre, Park Road, Timperley

Sent in by a member:

How to Lead a Successful Walk (with apologies to our leaders)

1. **Walk out your walk.** At least it helps to establish the start and finish. The rest can be made up
2. **Underestimate:** a) The distance, b) the size of the hills, c) the finishing time.
3. **Always wear a map and compass.** It looks good.
4. **Walk twice as fast as you normally do.** This keeps them on their toes.
5. **Point out regularly that:** a) the sun shone brighter and b) the views were better when you did the walk out. If it is cold, wet and miserable they will find these comments encouraging.
6. **Allow for a comfort stop after approximately one hour.** This is called "Gentlemen forward" and "Ladies back". It serves two purposes other than the obvious.
- firstly to allow the men to catch up, - secondly to ensure the ladies maintain their proper place
7. **Wait until lunch to inform the group they have only walked one third of the walk.**
Hopefully a good meal and a drink will improve morale.
8. **Immediately after lunch, put in a hill.** It quickly dispels any signs of complacency.
9. **Always wait for stragglers to catch up.** A mark of a good leader, but move off the minute they do – it will improve their stamina.
- 10 **Finish if possible with a two-mile loop** - preferably in sight of the car park, thus maintaining the element of surprise to the end of the walk.

Footnote : Do not be alarmed if not everyone makes it back. 10% wastage is generally considered acceptable. Happy Leading !

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