

## **Altrincham and District Rambling Club** **Health and Safety Policy.**

The Club's Health and Safety Policy is, through the Management Committee, to:-

- 1 Produce a document (entitled Guidelines for Members Taking Part in Club Walks) setting out:-
  - a. The main responsibilities of Club Members and their guests for their own health and safety whilst out walking with the club.
  - b. The limited responsibility of walks leaders for members whilst out walking with the club.
  - c. Basic guidance on how best to deal with the more likely hazards that may be encountered whilst out walking.
  - d. Guidance on the minimum requirements for those who walk with the club
- 2 As far as is practicable, provide each address of a club member with a copy of the document.
- 3 As far as is practicable, ensure all club members are made aware of the need to familiarise themselves with the contents of the document and any updates.
- 4 Regularly review and, if necessary, update the document.
- 5 Regularly review and, if necessary, update this Policy.